



**FSA National Conference 2022
Celebrating 10 years of the
Forest School Association**



Introduction

Thank you for downloading our FSA Conference 2022 Booklet. This year is incredibly special to us as it is the 10th Anniversary of our formation. This year we chose the theme of celebration for our conference to collect positive voices and experiences from our community.

This year has been tough for us all, we hope that after kindling hope in Oxfordshire last year we can help everyone come together and celebrate our community and chosen paths.

We could not have had a conference this year if it wasn't for our sponsors below, or our volunteers, many of whom are from FSA Essex Local Group.

We look forward to raising a cheer with you as we open this auspicious weekend of fun!

Nic and Carol

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Welcome from Gareth Wyn Davies, FSA CEO

This year marks the 10th anniversary of the Forest School Association (FSA) and we have chosen 'celebration' as the conference theme. We are gathering to celebrate the voices, people and ethos that make Forest School so special. I would also like to use this opportunity to recognise, celebrate and thank those people who make the FSA what it is and those who have helped us get to where we are today.

The FSA has been so busy over the years that we have often failed to adequately communicate everything that we have been doing, and who's doing it. It's not surprising that many people do not realise how much voluntary effort and dedication has gone into transforming the FSA into the professional body for Forest School. There are so many people to celebrate in this endeavour.

The FSA was started by a handful of very dedicated directors and approximately 200 founding members in the summer of 2012, with the idea of building an organisation that could act as the 'voice' for the Forest School community and promote quality Forest School. We had the support of a wider steering committee, representing interests from across outdoor education, academia, and relevant governmental agencies. I was recruited as a development officer and started in November 2012 with funding for just 100 days.

For many years it was the directors (trustees once we became a charity in 2014) who were responsible for working on all areas of activity in the organisation. For some, it was effectively a second job. These days trustees focus 'only' on governance and strategic issues. Although some of the original working directors are still with us, we are finding more and more that we benefit from looking to the wider membership for voluntary support to develop different work areas and activities.

Members contribute to the work of the FSA in so many ways. I will name the voluntary roles here but please forgive me if I forget some. It's an ever-changing buffet.

In addition to trustees, we recruit advisors to the board so that we may benefit from the knowledge held within the wider membership; Endorsed Forest School Trainers work together to define and maintain national professional standards on behalf of the FSA; the FSA affiliated local groups representatives support good communication between all levels of the FSA; generous webinar speakers give their time to help the wider community; FSA Recognised Forest School Providers mentor other providers; our amazing grammar ninjas ensure that our newsletter is as good as we can make it each week; volunteers offer their technical expertise on specific projects such as authoring and editing books and writing guidance notes and articles, legal matters, marketing, App development and design; the remarkable FSA trustee inspired Nature Premium Campaign has only been possible because of the dedication and support of FSA volunteers and members; members promote quality Forest School and the work of the FSA in social media and in their real lives; and we could not possibly run the national conferences without the wonderful volunteers and their helpful friends and tolerant families. I am particularly grateful for their hard work and support, as I am for the herculean efforts of our conference coordinator, Nic Harding, and his commitment to delivering a successful conference on our behalf this year.

Although the FSA now has four part-time staff and ongoing support from the Institute of Outdoors learning it is the members, and their contributions towards the greater good, that make us a professional association. I think that this is certainly worth celebrating this year along with what makes Forest School itself so special. I look forward to spending this time with you and to seeing what we can achieve together over the next ten years.

Gareth Wyn Davies FSA, CEO



Celebrating Forest School

Witnessing the amazement on a Leicester city child's face running across a meadow, their pride as they climbed a tree, and hearing the laughter of 10-year-olds splashing in a puddle for the very first time was an emotional experience for our Forest School trainees. Accompanying school staff could not believe their ears as a non-verbal child giggled, swinging in a hammock with classmates, asking to be pushed. Spider hunters climbed onto the coach full of pride that they are now scientists. Teachers, smiling from ear to ear, agreed with the children that this taste of Forest School really was, 'The best day ever!'

We all have these stories and know the magic that happens when we take children out into our Forest School sites; bearing witness to the power of the principles in practice. We carry the weight of responsibility and at times may feel that ours is the only voice in our school advocating for risky challenging play, for nature connection and for the wellbeing of our client groups. Many Forest School leaders work in communities where increasingly families rely on food banks, struggle with housing issues, and children arrive hungry, in unwashed uniforms, without warm or waterproof clothing. Freelance Forest School leaders and trainers face hard decisions in the coming months as they seek to support their client groups, whilst dealing with escalating costs and increasing inequalities.

Yet, being part of this growing, grassroots movement of Forest School gives me hope. Amidst the challenges of Covid, the global heating emergency, biodiversity loss, and the political upheavals besetting education, health, and the economy, we do have opportunities to change the human stories of people, one child, one teenager, one adult at a time.

We espouse a person-centered pedagogy that requires us to be compassionate, and resourceful, to lead with emotional agility, and to understand and meet the holistic needs of every member of our groups, including the 'difficult adults' who don't behave the way we want them to. We are called to build community.

We hold the key to a deeper societal understanding of woodland ecology and the role plants and trees play as the lungs and powerhouse of the earth. Through the

seasonality of our programmes, we are best placed to open the eyes of a generation to nature's cycles and regenerative systems, to the joys of learning about woodlice drinking from their bottoms and the delicious taste of stinging nettle crisps or elderflower fritters. Learning that nature makes us happier and that we are part of nature is surely one of the best routes to a greener future.

Almost 30 years of Forest School practice in the UK have been mapped by our FSA Ambassadors Sara Knight and Jon Cree; as we celebrate 10 years of the FSA, we look back to the first visit to Denmark in 1993 by nursery nurses from Bridgwater College. This conference is an opportunity for us to add to this story and understand how skilled practitioners from many walks of life have contributed to this quiet, grassroots revolution.

Both Forest School Day and the Nature Premium campaign are brilliant ideas growing in the fertile soil of the Forest School movement; fuelled by the passion of our members and the wider Forest School community they celebrate and advocate for children and nature to be reconnected.

Forest School offers a kinder, greener approach, at a time when the education system faces a bleak future, with committed teachers and headteachers leaving the profession in droves. We bring joyful, adventurous play, and inclusive learning into education at a time in history when it is needed most. Being part of the Forest School Association is a powerful way for Forest School practitioners to professionalise practice, and advocate for the needs of children, young people, their families, and their educators.

Let us gather, celebrate, be proud of what we have achieved, and commit to putting the ethos and principles of Forest School into practice. Let us lead by example and invite others to join the party.

Sarah Lawfull
Chair of the Forest
School Association



Meet the FSA Conference Team



Geoff Mason



Terry Halls



Matt Harder



Lewis Ames



Denise Cox



Steph Hussey



Sara Knight



Louise Ambrose



Sandra Mate



Carol Middleton



Nic Harding



Luschka van Onselen



Emma South



Alice Husband



Sarah Houlding



Dave Brooks

About the FSA

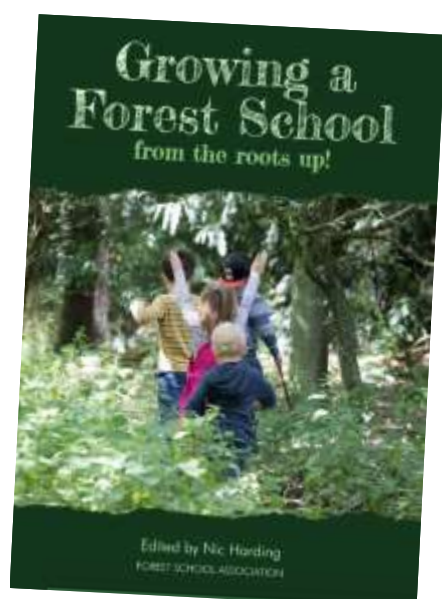
The Forest School Association

The Forest School Association (FSA) is the professional body and UK wide voice for the Forest School community, promoting best practice, cohesion and **'Quality Forest School for All'**.

We provide support to our members and the Forest School community. We create guidance material for practitioners, schools and parents and work with FSA Local Groups around the country to ensure that a strong and clear vision of what Forest School is communicated throughout the UK.

During the past few years, we have been working behind the scenes with Awarding Organisations and training providers to get an industry standard in Forest School Training and to keep the training up to date with research and changes in understanding. We have also been working with First Aid providers to ensure that Forest School practitioners have the knowledge they need leading groups of different ages outdoors.

After hundreds of people contacted us for advice on setting up a Forest School we produced a leaflet. After a lot of thought, and the help of 11 very experienced authors, a book called Growing a Forest School from the roots up! which was released in 2021 and has recently gone global! The book is available from our website www.forestschoolassociation.org/book-sales



Are you a Forest School Trainer?



Since 2017, the FSA has run a rigorous quality assurance scheme that enables Forest School trainers to become FSA

Endorsed, appear on the searchable map of FS Trainers and become part of the FSA Endorsed Trainer's group forum where we discuss relevant issues, oversee the qualification review and undertake bespoke CPD. There are currently 12 fully FSA Endorsed FS Trainers and 4 FSA Registered FS Trainers, with a further 5 trainers going through the process right now.

Many of the above FSA Endorsed Trainers are in attendance at the FSA National Conference 2022, as well as Scheme Co-ordinator Nell Seal, so please do have a chat with us if you are interested. Nell also has a series of 1-2-1 slots, bookable through EEQU and taking place in the FSA Marquee, where we can discuss the three-stage process to becoming an FSA Endorsed Trainer and any queries you might have. Alternatively, to find out more about the scheme, you can visit:

<https://forestschoolassociation.org/find-a-forest-school-trainer/>

The FSA Recognised Forest School Provider Scheme



Would you like to explore how to become an FSA Recognised Forest School Provider?

If so, Scheme Co-ordinator Nell Seal is at the FSA

National Conference 2022 and ready to chat! You have a couple of options:

1. Book to attend the workshop (being held outside of the usual workshop slots) between 0900 and 1000 on Sunday 2nd October in the Canteen where you can find out more about the scheme and ask questions, and/or
2. Book one of the few available 1-2-1 slots where you can discuss your unique Forest School circumstances and how they might fit with the scheme's benchmarks. These are bookable through EEQU and will take place in the FSA Marquee.

The national FSA Recognised Forest School Provider Scheme has been created as a benchmarking and development tool that sets the minimum professional standard for Forest School provision: that which is in line with all 6 core Forest School principles.

The scheme was launched in 2017. After a couple of years we consulted widely about the suitability of the scheme and made improvements to the process based on your feedback which were launched in Autumn 2019.

The FSA Recognised FS Provider Scheme is open to applications from individual freelance Forest School practitioners or settings who wish to be recognised by the FSA.

Presently, existing FSA members pay only £55 to apply to the scheme and this includes a year of individual FSA membership for up to 4 people from your setting, and the usual discounts. Membership also offers the opportunity to promote your Forest School provision to the public, and Forest School community, via the FSA's Recognised FS Provider searchable online map and database. We are currently creating an online resource to support applicants in developing practice, both as they gather evidence for their application and as they move onward through their own Forest school journey.

The application process involves an initial video chat with Nell about the benchmarks and process, and then the submission of evidence that shows us that your practice meet our benchmarks.

If you are interested please come along to our workshop, sign up to one of the 1-2-1 slots or have a look here where you can find everything you need to get going: <https://forestschoolassociation.org/join-the-fsa-as-a-school-and-organisation-member/>



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Wednesday Webinars



Over the past few years, the FSA have been running monthly, free "Wednesday Webinars". If you haven't heard of these, where have you been?

The webinars are led by experts in a range of fields (figurative and literal), with talks on everything from campfire cooking to Ludic Process, attachment and neurodivergent learners to tracking using animal poo.

If it's relevant to Outdoor Learning or Forest School, Wednesday Webinars offer a glimpse into some highly

relevant and interesting areas of current research, pedagogy and skills.

These free evenings have been one of the ways the FSA are reaching out to the wider outdoor learning community, and many of the webinars are free to access on the FSA YouTube channel. The webinars are open for all to attend, and we're always looking for new and interesting speakers and topics to cover. FSA Members can access the Wednesday webinar library and catch up on anything they have missed.

Our next few webinars will be:

October 19th - Ticks and Lyme disease

November 16th - Tree ID

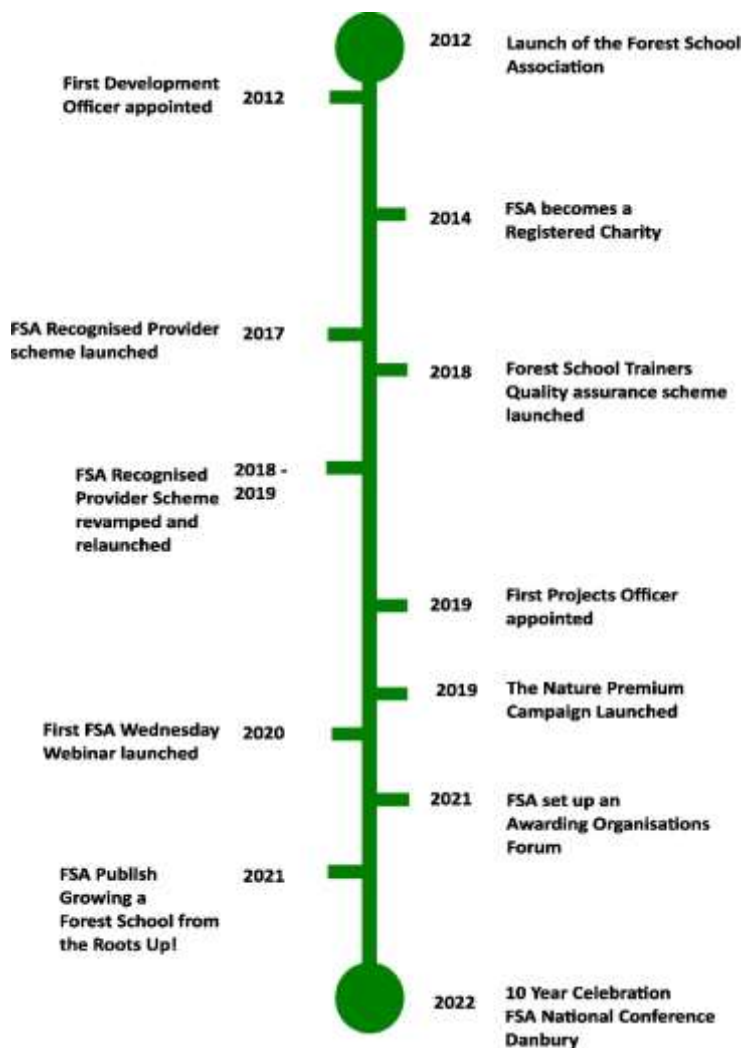
December 14th - Yuletide Gathering

Each webinar takes place:

20:00 to 21:30 on Zoom.

The webinars are free and are open to non-members, registration is essential.

Ten Years of the FSA at a Glance



History of Forest School Display

There will be a fantastic History of Forest School display created by Dr Sara Knight in the aptly named History Marquee. Inevitably it is partial, and the perspective of one person (Sara Knight), so each poster has a space for you to add your memories (and a photo of your favourite memory, if you have one). There's paper and pens, glue and staples, so that the space can never run out. At the end is one last poster, blank except for photos, for you to add thoughts about where FS and the FSA should aim for in the next ten years. The display will be there all weekend so pop along and make yourself a part of Forest School History.

Celebration or Rewards

A shout-out went out: "Anyone want to write an upbeat article to go in the front of the conference handbook?" We (Lewis, Nic and Froot) threw our hats into the ring with not long until the deadline, so forgive our somewhat 'thrown together' piece here, a whimsical glance at the difference between reward and celebration. Books that have been significant to us, should you wish to read more, are listed at the bottom. But not Skinner and his behaviourist theory. No no.

"And why not Skinner?" we hear you cry? Well, according to Skinner the causes of humans' behaviour are outside of us, they are responses to external stimuli. This belief plays right into the hands of rewards (and therefore punishment), the stick and the carrot! Our education system sets us up to believe that society is based on the notion that if people do good or do well they will be rewarded – and (apart from it being a hugely simplistic view) why on earth wouldn't we want that?

Well, as well as the obvious aspects of judgment attached to rewards, the compounding issues on self-esteem between those who have achieved and those who have not can divide communities into an unhealthy hierarchy. Rewards may also encourage behaviour like 'doing' or 'being' for self-interest (the reward) rather than for the value of the experience. This creates a closed and linear mindset and can stifle growth, freedom of thought, and the expansion of ideas/opportunities. What is more, carelessly given, a reward may actually undermine the value of the action or experience itself. The relationship between task and reward in this model is a purely transactional one and the benefits are often temporary! But why don't rewards work long-term?

We believe it is because rewards and punishments are fundamentally linear in nature. An item or activity is used to demarcate a definite end to something. Take competing in a Marathon for an example, they are a challenging task and have a definite end and a certificate! Task and reward! Does the certificate convey the pain, dedication, tenacity or willpower required to complete the race? Or the exhilaration experienced by the runner as they cross the finish line? No, it doesn't. So the reward in and of itself is purely

transactional – and therefore on its own, the reward (the certificate) may not have any intrinsic value.

There is evidence to suggest that some physical rewards may provide useful visual links to an experience as an aide memoir. They may also have an intrinsic value as a useful symbol of proof to share with others that ‘I really ran that far!’ Or ‘I reached that goal’, or qualified at something. Depending on the reward, may have use at job interviews and applications and can help us remember our value and talk about it at these times. The idea of rewards for certain behaviours - ‘being good’ for example changing the behaviour of a class of children for the better, long term is a little naïve at best and potentially damaging at worst. In social groups, careless and arbitrary rewards are far more likely to change, nay taint, the memory of the very thing that is being rewarded, especially for those that do not meet the behaviour expected.

So, what can celebrations offer us instead? Celebrations are less linear, more ongoing. They understand development and learning differently. Celebrations encourage connections. They promote community – we can celebrate together (in a way that we can’t all be rewarded together?). Celebrations allow recognitions of achievements; they allow us to reflect on the positive impact that either a person or a period of time has had on something. They acknowledge our place on a journey and the steps taken upon it, and we do not need to be at the same place, physically or

emotionally, as others to take part or to belong. Celebrations rely more on intrinsic motivation, less on extrinsic. Doing something for the very sake of the thing itself. And if we are doing something for the sake of the very thing itself, we have no need of a hierarchy, no need for judgement and no end point. Then there is room for self reflection and growth so we can learn from mistakes and move to a more growth-based mindset.. Indeed, in celebration, there is no hierarchy, and we are all accepted as learners and are all continuing to learn and develop.

So, as we look to the weekend, celebrating 10 years of the Forest School Association together, let us celebrate the journey of the Forest School Association, and our part in it. Let us experience the moment, in and of itself. For with celebration, comes connections and community.

Have a great weekend, one and all!

Lewis, Nic & Froo

Shoulders we stand on:

Glasser, W. “Choice Theory: A New Psychology of Personal Freedom” Harper Perennial, 1998

Kohn, A. “Punished by Reward” HarperOne; 25th Anniversary ed. edition (31 Aug. 2018)



FSA Local Groups

The FSA has a number of affiliated groups called FSA Local Groups. These groups support a district or region of Forest School practitioners. Each month representatives from the different areas bring information, ideas, and the occasional issue to the national FSA for discussion and exploration. This helps us identify trends and emerging issues before they become critical and produce advice and guidance on them.

Many of the local reps will be at this year's conference, so don't be shy and come and say hi!

If you are in a region which doesn't currently have a local group speak to Louise Ambrose (Picture 17 below) and she can help you formulate a plan!



Local Groups Members at the Conference

Number	Name	Position	Local Group
1	Grace Hall	Local Group Rep	FSA Hampshire
2	Charlotte Atkinson	Local Group Rep, Fundraising Officer & FSA Endorsed Trainer	FSA Suffolk
3	Emma Keeble	Membership Officer	FSA Suffolk
4	Emma Davey	Minutes Secretary	FSA Norfolk
5	Emma Howe	Secretary	FSA Suffolk
6	Liz Miles	Treasurer	FSA Sussex
7	Janine	Vice Chair	FSA London (em)
8	Joanne Atkins	Treasurer	FSA Suffolk
9	Jo Gilks	Committee member	FSA London (em)
10	Judith Dutton	Committee member	FSA London (em)
11	Tanya Wetton	Committee member	FSA Oxford, Buckinghamshire and Berkshire (OBB)
12	Mary Peach	Committee member	FSA Sussex
13	Marie Charles	Local Group Rep	FSA Norfolk
14	Mell Harrison	Chair & FSA Endorsed Trainer	FSA Suffolk
15	Miranda	Chair	FSA London (em)
16	Selina Hogarth	Joint Secretary	FSA OBB
17	Louise Ambrose	FSA Trustee and Local Group Liaison	FSA Norfolk
18	Ceri Whitby	Social Media	FSA Sussex
19	Nicky Jordon	Committee member	FSA Suffolk
20	Sarah Walker	Joint Secretary & FSA Recognised Provider	FSA OBB
21	Kyle Biswell	Committee member	FSA OBB
22	Mhairi MacGillivray-Edwards	Chair and Local Group Rep	FSA OBB
23	Allie Gittings	Chair	FSA Sussex
24	Leonora Hawgood	Committee member	FSA Sussex
25	Mel Vincent	Local Group Rep	FSA Sussex
26	Barb Fritton	Camp Cook	FSA Sussex
27	Tina Hutchinson	Mentor	FSA Sussex
28	Sharon Jesse	Committee member	FSA Sussex
29	Jude Agate	Secretary	FS Sussex
30	Terry Halls	Local Group Rep	FSA Essex



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The Conference

This year's conference is being held in Danbury in Essex, at the Essex Outdoors – Danbury Outdoor Centre. The centre is an excellent venue with cabins, camping pods, tents and camping facilities as well as a huge amount of natural space.

History of Danbury Centre

Essex Outdoors, Danbury was once a part of the estate of Danbury Palace. Originally built during the Reign of Queen Elizabeth I (1589) Danbury Place was an English country house owned and built by Walter Mildmay and was situated on one of the highest points in Essex.

After falling in to disrepair, the house was demolished and rebuilt as a redbrick mansion in 1832 on an adjacent site. The house and grounds were used as an Episcopal Palace for the Bishop of Rochester until 1890 and became known as Danbury Palace.

During World War II Danbury Palace was used as a maternity Hospital. After the war a large part of the estate was purchased by Essex County Council and

Danbury Country Park was created and a youth camp founded in part of the park. Danbury Centre now offers adventurous outdoor activities for children throughout the year via Essex Outdoors.

They hosted the FSA's 2015 conference, which was a huge success and was one of the most popular venues we have visited.



1By Malcolm Reid, CC BY-SA 2.0,
[kimedia.org/w/index.php?curid=12495483](https://commons.wikimedia.org/w/index.php?curid=12495483)



October 14th, 2022

Join us...

For our 5th annual celebration day to connect, share and celebrate everything that is great and wonderful about Forest School.

- Connect with your Forest School community and nature.
- Share your love of Forest School and the natural world.
- Celebrate creating playful and joyful celebrations.

You are all invited



Register



#ForestSchoolDay

www.forestschoolday.org

@forestschoolday

The conference schedule

This year's conference has lots on offer the schedule below shows the main timings of the event.



FSA Conference Schedule



DATE: SATURDAY 1ST OCTOBER 2022

Schedule

07:00	Breakfast 07:00 - 8:00	Early Morning wake up 07:00 - 07.45	Registration opens 07:00 - 08:30
08:00			
09:00	Opening Address by Gareth davies and Birthday Address by Tim Gill, FSA Patron 08:30		
09:30	Main Speaker Lucy Jones - Author, Journalist 09:10		
10:00	Coffee Break and Birthday cake 10:10 - 10:30		
11:00	Workshop slot 1 - 10:30 - 12:30		
12:00			
13:00	Lunch 12:30 - 13:45		
14:00	The Metre Market 14:00 - 14:25		
15:00	Workshop slot 2 - 14:30 - 16:30		
16:00			
17:00	Recognised Provider Meetup - 17:00 - 18:00		
18:00	Dinner 18:00 - 19:30		
19:00	Bar opens 19:00 - 23:00		
20:00	Quiz - 19:30 - 20:30		
21:00	Band 'Medicine'- 20:30 - 22:30		
22:00	Campfire and storytelling - Open Mic- 21:00 - 23:00		
23:00			
24:00	Close down		

FSA Conference Schedule



DATE: SUNDAY 2ND OCTOBER 2022

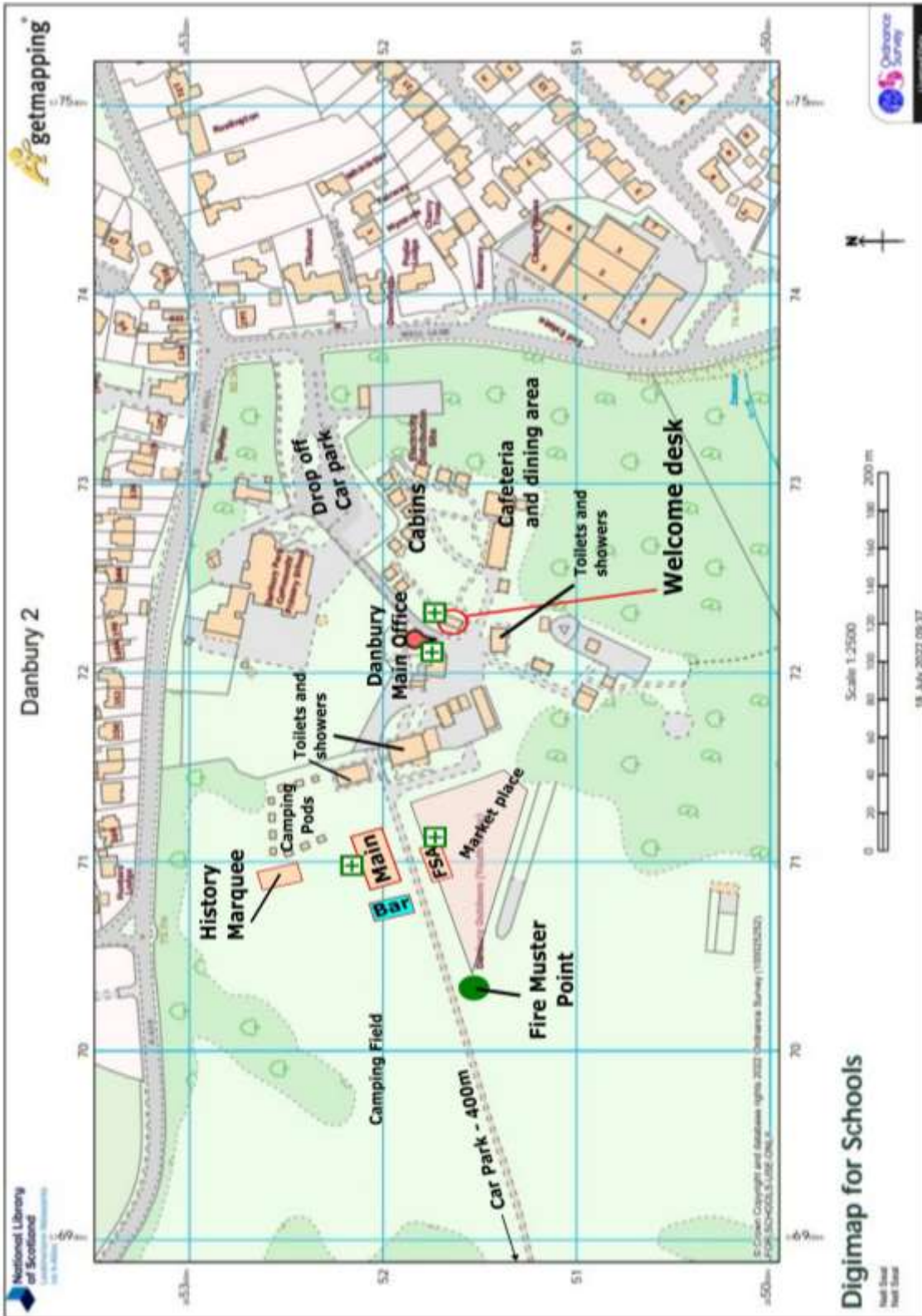
Schedule

07:00	Breakfast 07:30- 8:30	
08:00		
09:00	Sara Knight Sunday Morning Address- 09:00 - 9:40	FSA Rec Provider workshop 09:00 - 10:00
10:00	Coffee Break and Birthday cake 09:40 - 10:00	
11:00	WORKSHOP SLOT 3 10:00- 12:00	
12:00	Closing Address - how do we advocate for what we do? 12:00 - 13:00	
13:00	Lunch 13:00 - 14:00	
14:00	Event closes 14:00	
15:00	Delegates vacate site - 15:00	
16:00		



Relaxing in the FSA Marquee at Hill End 2022

Site Map



Workshops

MAKING VIDEOS TO CELEBRATE FOREST SCHOOL

Make and Edit Videos about your Forest School

With Lee Cook

Sat 01 Oct 2022 - 10:30 - 12:30

Sat 01 Oct 2022 - 14:30 - 16:30

Sun 02 Oct 2022 - 10:00 - 12:00

Making Videos to Celebrate Forest School is about... * Making videos for yourself and/or share with others. * Using the iMovie App on Apple devices to make the videos. * Using the VoiceMemos App on Apple devices to make recordings. * Editing videos such as - Cropping videos - Merging videos - Adding images and/or logos - Adding commentary and/or music - Speeding up/Slowing down - Pausing - Adding subtitles * Publishing Videos on Facebook/Instagram * Using videos for training purposes

GREENWOOD STOOL WORKSHOP

Refresh your tool skills and craft a stool

With Mark Clarke

Sat 01 Oct 2022 - 10:30 - 12:30

Sat 01 Oct 2022 - 14:30 - 16:30

Sun 02 Oct 2022 - 10:00 - 12:00

We will make a three-leg stool during the session using coppiced hazel for legs and sustainably sourced and native sweet chestnut refreshing and learning new skills, knowledge and understanding along the way. Soft and hard skills are investigated as part of the workshop as well as identifying equipment and methods of working to allow your clients at your location to safely engage with this type of activity. **A £10 fee is payable at the workshop if you take your stool away with you. This helps towards materials costs.**

TRAIL JOURNAL SERIES

When bored, write.

Sat 01 Oct 2022 - 10:30 - 12:30

Sat 01 Oct 2022 - 14:30 - 16:30

Sun 02 Oct 2022 - 10:00 - 12:00

I will be holding Nature Journal workshops during the FSA annual conference this year, which will include foraging for and making our own nature paints. I believe in journaling as a holistic form of communication. My work is inspired by Richard Louv's 'Last Child in the Woods' and my own transatlantic academic career. I will have examples with me of each of my journals, however, if you would like one please purchase prior to the event, as I won't be selling them there. <https://www.blurb.co.uk/user/dannibear02> Diolch!

THE IMPORTANCE OF CEREMONY & CELEBRATION

how to engage 'hard to reach' children

Sat 01 Oct 2022 - 10:30 - 12:30

Sat 01 Oct 2022 - 14:30 - 16:30

We have all witnessed children (and teachers) in our forest school settings who struggle to engage with an environment of true child lead learning, be that due to learning differences, their past experiences or simply down to the rigid structure of their mainstream setting. In this hands-on workshop we share how we have used ceremony, celebrations and metaphors from nature to guide those busy minds into a place where they are ground and can fully emerge into the setting, and just as importantly cope with the session or block of sessions coming to an end.

USING KNIVES WITH GROUPS

.... beyond the pointless pointy stick

With Mell Grenfell from Wildly Curious

Sat 01 Oct 2022 - 10:30 - 12:30

Sat 01 Oct 2022 - 14:30 - 16:30

Sun 02 Oct 2022 - 10:00 - 12:00

This workshop is suitable for those wishing to improve their confidence and competence in providing safe activities with knives. ~ To consider the safety aspects and practicalities for managing knife use with groups of young people ~ To equip participants with some knife skills of their own and offer the opportunity to practice ~ Explore woodcraft and whittling activities and projects ~ Explore factors relating to equipment and resources Workshop participants will also be given a copy of the Wildly Curious "Knife Safety With Groups" booklet

LADDERS AND TREE PLATFORMS

Create simple tree houses in your wood

With Emma Keeble and Joanne Atkins

Sat 01 Oct 2022 - 10:30 - 12:30

Learn how to make a simple non-permanent platform in the trees; great for the base of a tree house, or it could be used as a lookout post, use it to get on to a zip wire, or even as a pirate ship! Learn how to risk assess the trees, what wood to use and how to fix the platform in the trees. Make a fixed wooden ladder & a rope ladder to get up to your platform. You will be using square lashing to create the beams and the platform, and use a marlin spike hitch to create a really quick easy rope ladder to climb up to your platform. You will also learn how to make a solid ladder.

FORAGING AT FOREST SCHOOL: WALK & TASTER

Join us on an edible ethnobotanical journey!

Sat 01 Oct 2022 - 10:30 - 12:30

Sat 01 Oct 2022 - 14:30 - 16:30

Let's go on a journey to discover the weird and wonderful flavours, virtues and characters of the plants and fungi that live all around us. If you would like to learn more about foraging- for edibles or crafts- and get some tips and tricks from a professional forager & forest school trainer on how to introduce this activity into your sessions, join us on this walk.

We will discuss safe and sustainable harvesting, botany and mycology basics, ancient and modern uses, gather and taste some samples, and celebrate the wider importance of plants and fungi in today's world. On our foraging walk we may meet up to 15 different species, poisonous or edible, so bring a notebook or camera to help jog your memory when back home.

We will end the walk with a summary activity and a wild flavour taster.

KINSHIP WITH THE MORE-THAN-HUMAN

Exploring beyond nature connection.

With Paul Moseley

Sat 01 Oct 2022 - 10:30 - 12:30

The forest school prac//oner is uniquely placed, through the communities that we hold a space for, to create meaningful relationships with the natural world. In understanding how to contact, connection, culture and kinship emerge out of forest school practice, we are better able to create an inspiring alliance between humans and non-humans. This workshop will explore assumptions about nature, the role of kinship and imagining new perspectives on how we relate to the more-than-human world.



SENSORY CIRCUITS IN NATURE

How to use sensory circuits at Forest School

With Emily Whiteley

Sat 01 Oct 2022 - 10:30 - 12:30

Sat 01 Oct 2022 - 14:30 - 16:30

Sun 02 Oct 2022 - 10:00 - 12:00

Sensory circuits is a motor processing programme traditionally used indoors as an activity to support young people with sensory processing difficulties. It incorporates three types of activity that are alerting, organising and calming. The aim is to help the participant to regulate and organise their senses to achieve the 'just right' or optimum level of alertness required for effective learning. We will explore what sensory integration means and how the motor skills programme "sensory circuits" works to support emotional regulation. You will take part in some simple circuits before having the opportunity to create your own and share ideas to use in a Forest School setting.

INTRODUCTION TO MOVNAT FOR FOREST SCHOOL

Real-world fitness through nature connections

Sat 01 Oct 2022 - 10:30 - 12:30

Sat 01 Oct 2022 - 14:30 - 16:30

This workshop aims to provide a practical, experiential introduction to the MovNat philosophy and practice and how it fits within the principles of Forest School. MovNat® (Natural Movement® Fitness) is a method of teaching real-world fitness in fun and practical ways that ultimately connects us with our true nature and the world around us. At MovNat® we believe in providing students with a well-rounded, unspecialized physical education system to complement their holistic development. Our system invites students to explore and expand upon their innate bodily-kinesthetic intelligence by providing educators with structures, strategies, and tools to implement MovNat® into any existing curriculum or program. Our program will also guide teachers - across all disciplines - to infuse Natural Movement opportunities into their Forest School set-up to optimize the learning experience. By strategically utilizing Natural Movement techniques, teachers can better honour the whole child by supporting the physical, intellectual, and social-emotional development of their students.

FS & RISKY PLAY IN THE EARLY YEARS

Let's take risks and play!

Sat 01 Oct 2022 - 10:30 - 12:30

Play is intrinsically important to optimal childhood development. Play is so important it is recognised by the United Nations High Commission for Human Rights (UNCRC Article 31) as an absolute right for every child. Taking risks in a safe environment helps the learner to develop self-confidence, resilience, and the ability to risk assess and manage risk for themselves. Movements often associated with risky play such as swinging, climbing, rolling, and hanging, are not only fun but essential for building motor skills, balance, coordination and body awareness. Forest School provides many opportunities for fabulous risky play, I run Forest School with 3- and 4-year-olds throughout the year, and they never cease to amaze me with what they are capable of when allowed to manage their own risk. But, what are the 6 types of Risky Play? How do you best utilise what you have around you to ensure you can offer the best opportunities for adventures? What knots are easy to undo after a dozen children have been swinging from the rope for a full day? Can you actually do a full 360 in a hammock? Come and share ideas, if it's cool, let's work out a way to do it!

Forest Bathing Workshop

With Charlotte Atkinson

Sat 01 Oct 2022 - 10:30 - 12:30

Forest Bathing, also known as 'Shinrin-yoku', is a great way of improving your well-being by slowing down, relaxing and connecting with nature. This form of nature therapy was developed in Japan as a result of research that showed that two hours of mindful exploration in a forest setting could reduce blood pressure, lower cortisol levels (the stress hormone) and improve memory and concentration. In this two-hour guided Forest Bathing workshop we will follow the optimal flow sequence which will include connecting with the woodland environment through your senses and walking slowly and mindfully. You will be offered invitations to experience the woodland in different ways; sometimes alone and sometimes with others. We will finish with a tea ceremony. The focus will be on slowing down, taking notice, and enjoying calm and relaxation.

PLAYING WITH YOUR FOOD

Campfire cooking without marshmallows

With Matt Harder

Sat 01 Oct 2022 - 10:30 - 12:30

Sat 01 Oct 2022 - 14:30 - 16:30

Sun 02 Oct 2022 - 10:00 - 12:00

This workshop aims to show you how you can encourage food play and experimentation with your learners, using a range of campfire cooking techniques and equipment. There'll be skill progression in cooking tool use. We'll look at easy adaptations of basic recipes for allergen-friendly alternatives, as well as take some store-cupboard staples on a flame-grilled journey to Taste Town. Basic ingredients + imagination = anything you can think of with a side serving of learning! Dietary needs and allergen friendly.

SAFE USE OF DANGEROUS TOYS IN SESSIONS

Atlatl, darts and boomerangs in FS

With Feral Science

Sat 01 Oct 2022 - 10:30 - 12:30

Sun 02 Oct 2022 - 10:00 - 12:00

There is an understandable reticence over the inclusion of projectiles such as spears, darts and arrows, boomerangs and catapults in Forest School sessions. This workshop will guide practitioners towards and approach that is both safe and manageable as well as being suitable for working with groups of young people. The session will include the use of Atlatl and Darts and both returning and hunting boomerangs. Practitioners will be guided towards the identification of risk and its management with regard to the 'range' and assisted in the creation of appropriate risk assessments.

SUSSEX WILD COOKS

An FSA workshop at Danbury

With Team Sussex (FSA)

Sat 01 Oct 2022 - 10:30 - 12:30

Sat 01 Oct 2022 - 14:30 - 16:30

Sun 02 Oct 2022 - 10:00 - 12:00

Come and practice your outdoor cooking skills! The workshop will be packed with ideas, inspiration and practical ideas to take back to your own groups. Learn to warm the hearts and tummies of your forest families and use food as an important part of your sessions. Mary and Barb will be presenting recipes from Mary's recently produced Forest School Feast Folder, from which you will have the opportunity to create at least 3 recipes on the day. All ingredients and equipment are provided. Aims of the workshop: 1. To learn about fire management for cooking 2. To gain a wider repertoire of campfire recipes 3. To feel more confident using cooking as part of your Forest School sessions. If you wish to purchase a copy of the Forest School Feast Folder on the day, please bring along £5.00.

AN INTRODUCTION TO CHOICE THEORY

How Choice Theory is relevant to FS leaders

With Froot Signore

Sat 01 Oct 2022 - 10:30 - 12:30

This workshop will introduce some of the basic concepts of Glasser's Choice Theory (Quality World and Total Behaviour amongst them). We will consider how and why they are relevant and helpful to us as Forest School leaders. We will also touch open Reality Therapy - the therapy that grew out of Choice Theory - by looking at some of the simple questioning techniques it employs. The workshop will be a mixture of interactive exercises, input from me and discussion in small groups and large.



WHAT IF MONEY GROWS ON TREES...

Grants and funding to support your practice

With Natalie Ganpatsingh and Kathryn Clark

Sat 01 Oct 2022 - 10:30 - 12:30

In this workshop we'll explore how to build your Forest School vision and make it happen, overcoming the barrier so many of us face – that of money. There is so much available funding out there – sometimes it's just about how we 'package' what we offer. Thanks to successful funding bids over the last 10 years, Natalie and her team at Nature Nurture have facilitated FREE Forest School programmes, community events in parks & woodlands and Green Social Prescribing to support mental health. This has enabled her to focus on reaching communities most disconnected with the natural world and thus tackle health inequalities. Natalie will share a range of funding opportunities with top tips on how to write a winning application. We'll look at what 'status' could work for you, from operating as an individual to setting up a charity. If you're an individual or part of a larger organisation, looking for funding, this workshop is for you.

SHORT BREAKS IN THE WOODS

Forest school and Disabled Children

With Caroline Campbell

Sat 01 Oct 2022 - 14:30 - 16:30

Sun 02 Oct 2022 - 10:00 - 12:00

Short Breaks offers a form of 'respite' for families and young people who may exhibit challenging or restrictive behaviours or may have physical needs that may require extra support. We provide this service using the Forest School ethos and many of your clients attend frequently and regularly throughout the year. Often they enjoy the experience so much they stay with you for many years. The sessions offered are always well attended and form the basis of a very successful and rewarding business. This workshop shares the knowledge, opportunities and experience of our many years of delivery for those who may wish to expand their FS provision into this lucrative area. We will sit around the fire, with a set up similar to what we do in the woods. Here we can show you what we do and what it looks like. Experience the hammocks, and the environment and how they can promote inclusion and relaxation. We will tell you our story, how we

began and how we have sustained our business and our plans for moving forward. We have some photos and can talk in detail about how we have included the children over the years and as they have got older the young adults they have become. Enabling them to become volunteer rangers. Describing how we actively encourage disabled adults to engage with our forest school, in order to create positive role models. We will describe how we have funded this, and of course you can ask us questions.

MAKING AND USING A LABYRINTH

Construct a labyrinth and learn its many uses

With Richard Andrews

Sat 01 Oct 2022 - 14:30 - 16:30

Sun 02 Oct 2022 - 10:00 - 12:00

Richard will introduce the history, mythology and symbolism of labyrinths, featuring the story of Theseus and the Minotaur, explain the theory of the labyrinth-making process (with birds-eye video and digital animation), guide the group through the construction of a labyrinth using the 'labyrinth kit' and 'freehand' techniques, explore the use of different natural materials for labyrinth-making and discuss the risks and benefits of making and using a labyrinth in relation to Forest School principles and the National Curriculum.

CIRCLE MAGIC!

The art of circling at Forest School

With Mell Harrison

Sat 01 Oct 2022 - 14:30 - 16:30

Ever sat in your opening or closing circle close to pulling your hair out? Does your circle not look or sound like you imagined in your dreams? Sometimes do you look around and sigh at the beauty of the chaos, remembering the history and journeying of your talking stick? Me too. This workshop will explore 'circle'. Like marmite they are loved and hated... so lets look at the reasons we do it and the way to get the most from them. Circle is an important element in building a forest school community. This session will look into child led circling- tips, ideas, games and moment creators.....we may even sneak in a little bit on the importance of circles in sociocracy.

WILD & WONDERFUL!

Celebrating Nature at Forest School

With Dawn Preston and Dawn O'Malley

Sat 01 Oct 2022 - 14:30 - 16:30

Join Hampshire & Isle Of Wight Wildlife Trust Education & Training Officers for a session filled with hands-on ways to celebrate the wonderful wildlife in and around our Forest School spaces, providing opportunities for seasonal nature connection. As a Trust, we have been utilising the findings from the University of Derby's nature connection research and results to frame our hands-on delivery of outdoor education and Forest School, as well as inform our wider engagement work through the Team Wilder initiative.

CRAFTING AS CULTURE

Natural materials as foundations for culture.

With Paul Moseley

Forest school communities are in contact with the natural world and in so being have a unique opportunity to nurture a deeper relationship through its materials. Through child-led exploration and discovery it is possible to support a rich assemblage of moments through crafting. In working with natural materials we are influenced by their qualities, entering into interesting new assemblages. This workshop will explore how craft, enskillment and materials combine to create immersive and responsive relationships with the natural world.



PRACTICAL FIRST AID SCENARIOS

Done in a Forest School context

Sat 01 Oct 2022 - 14:30 - 16:30

An opportunity to revitalise fading first aid skills and confidence by having a go at some practical first aid scenarios set in a Forest School context. A workshop for previously first aid trained FS practitioners to have a go at some hands-on, get down on the floor, draped over a log or hanging out of a tree, first aid action. It will be perfectly okay to "kill" your casualty during the session – it's a good learning experience whilst training. Prior first aid knowledge will be essential, we're not starting at the basics. There will be no PowerPoint involved. You will need to be dressed suitably for kneeling and lying on the floor outside in whatever weather we are lucky enough to receive. Please note, the session will not give you a first aid qualification.

BEYOND JUDGEMENT

Celebrating Intrinsic processes

With Emma Davey and Louise Ambrose

Sat 01 Oct 2022 - 14:30 - 16:30

Sun 02 Oct 2022 - 10:00 - 12:00

'Process not product' is one of the mantras of Forest School. Yet we exist within a rewards-based materialistic society and an education system that judges children's 'attainment' through a narrow focus of externally produced evidence. So how do we at Forest School move beyond this manipulative sanctions and rewards-based culture and instead celebrate individual's holistic development unconditionally? Together we will explore how co-creating a non-judgemental community, forming unconditional relationships and empowering people to be their authentic selves could be considered a revolutionary act. We will unravel some of the challenges that face us when we begin to question the status quo and explore how the connection with nature can support and guide us. The session will weave in practical approaches and alternative strategies for working in a non-judgemental way at Forest School (and the rest of life!). As Rumi says in one of his poems – "Out beyond ideas of wrongdoing and right-doing there is a field I'll meet you there."

BEING A PLACE-CONSCIOUS PRACTITIONER

and why does it matter?

With Jenny Archard

Sat 01 Oct 2022 - 14:30 - 16:30

Sun 02 Oct 2022 - 10:00 - 12:00

What does it mean to be aware of the place you are working with/in? What impact does that have on you? And those who come to your sessions? Why does it matter? Is nature a backdrop or does it have more meaning than that? What is the story of your place (s)? I'm lucky to have been working in the same woodland for more than ten years and began to notice how our relationships with the land/place/flora/fauna were impacting on us and those we work with. At Neroche Woodlanders we now talk about creating reciprocity with the place; we see the place through the eyes of a relationship. I'm now researching this practitioner's relationship with place through a Master of Research. This workshop will explore your relationship with the places you practice- how you make those relationships, the language you use and the stories that emerge. We will consider how you may want to help those you work with to see, feel or be with places differently. Research is showing that we want to be/feel deeply connected to places, not just have a nature-connection experience. We will 'do' group discussion, some practical exercises and consider existing research in place-based pedagogies. You may come away with a different view of your relationships!

WORKING WITH HOME EDUCATORS

Who they are & how to meet their needs

With Luschka Van Onlensen

Sat 01 Oct 2022 - 14:30 - 16:30

This workshop will aim to answer two specific questions: explaining home education in the UK and how to work with home educators. We'll look at how people may find themselves home educating, the different 'schools' - for lack of a better word - of HE, from unschooling (and its two meanings), to school-at-home, through to alternate provision and all the groups in between. From there we'll discuss the potential needs of each different group, and suggestions on the best way to work with them, ending with a Q&A session.

KNOWLEDGE RICH OR LEARNING RICH?

Integrating play with the national curriculum

With Elizabeth Swift

Sun 02 Oct 2022 - 10:00 - 12:00

"Learning can only happen when a child is interested. If he's not interested, it's like throwing marshmallows at his head and calling it eating." Katrina Gutleben Where does Forest School sit within a knowledge focussed curriculum? How do we reconcile play and learning of facts? What can/should/could a Forest School leader do to support children's learning now? This workshop reminds us of the chaotic complexity that is learning through play; looks at how play makes you better at learning and even finds ways to integrate knowledge base into Forest School.

MAKING AND TESTING NATURAL CORDAGE

How strong is your handmade string?

With Rupert Loch from Feral Science

Sat 1st October - 14.30 – 16.30pm

It is an instinctive reaction for anybody holding a piece of cordage to give it a tug to see how strong it is. In this session Rupert will lead delegates through the skills required to create natural cordage using the two ply twist technique. The session will introduce a range of types of natural materials and discuss or demonstrate the processing of some kinds. In the latter part of the workshop delegates will have the opportunity to stress test their cordage samples. A range of tests will be introduced as well as some of the ways that risk can be mitigated when the cordage fails.



WALKING-WITH: PLACE-RESPONSIVE PRACTICE

Multispecies relationships within spaces.

With Paul Moseley

Sun 02 Oct 2022 - 10:00 - 12:00

Exploring how we interact with 'space' ultimately informs the basis for how we nurture and experience our sense of place. The way in which we walk, touch, look, listen, smell and taste the world around us matters. Our bodies are the roots through which we feed our experience of the world. Through how we embody a place we can pass through it seemingly disconnected, or come to recognise the distinct experiences of our fellow beings, and our collective "personhood". This workshop will explore how movement, awareness and tracking skills combine to create new sensations of place and kinship with the natural world.

KNOW YOUR TREES

A guided walk to enhance your Tree ID skills

With James Kendall

Sat 01 Oct 2022 - 10:30 - 12:30

Could your tree ID be better? Join James, from Woodland Classroom, for a guided walk as we look closer at native and introduced tree species. You will look at the whole tree to pick out defining features and share ideas on how we can interpret what we're seeing to the groups we work with. Learn to see the trees from the wood ;-)

Autumn is a season of massive change across our countryside. As the wind blows, the familiar leaves we know from summer are rapidly disappearing, but if we look closer we can understand the clues trees give us to unlock their identity and so much more. It's a really interesting time to be out in the woods. On this one-day course, we'll show you how to identify trees in autumn by looking at turning leaves, nuts, seeds and fruit and other clues. We'll also look at the different uses that trees have, their place in the ecosystem and dive into a bit of woodland folklore. You will also take away your very own Autumn Tree ID guide which you can use for your own practise. Join James, who will be your tutor for the day. He has worked for many years in and around trees from managing the largest Community Woodland in Wales (300 acres, no less) to introducing children to the wonder of woods with his Forest School work. James has also introduced thousands of students to the

subject of tree identification through his popular online programme The Complete Tree ID Course.

FIRELIGHTING: TRADITIONAL FLINT & STEEL

Build confidence with using this technique

With James Kendall

Sat 1st October - 14.30 – 16.30pm

This traditional fire-starting technique is easy when you have the right materials and a solid technique. You will come away confident that you can make fires using real flint and steel, adding it to your skillset. We will explore using a range of natural tinders to bring an ember to flame as well as how to make your own char-cloth over a campfire. As Forest School Leaders it's important to widen our skillset in firelighting beyond the modern fire-steels which dominate the scene. By gaining confidence in more traditional firelighting methods we build our confidence in fire-based skills and also increase our understanding of how firelighting can be used to inspire young people and adults alike. Traditional flint & steel offers a whole new challenge to Forest School participants who feel already practised at more modern methods. You will be able to try a range of traditional flint and steels to see which works best for you.

WILD FOOD & FORAGING WALK

Gain confidence foraging autumn wild edibles With James Kendall

Sun 02 Oct 2022 - 10:00 - 12:00

Autumn is one of the best times to get into foraging. We never know what we will find on a wild food walk. Join James from Woodland Classroom and discover commonly-growing wild edibles you can pass on to your groups along with recipe ideas which are perfect for outdoor cooking. Edible wild plants and fungi are often viewed with suspicion and thought to be bitter or tasteless, only to be eaten as a last resort. But to the forager, our woodlands and hedgerows are full of tasty and filling wild food opportunities. You'll be taking a 2 hour ramble along the hedgerows and woodland edges on the hunt for "food for free" all set against the backdrop of the Danbury Outdoors centre.

TREES: FOLKLORE, BIOLOGY AND BEAUTY

History, use, health benefits, ID and ecology

With Laura Harvey

Sun 02 Oct 2022 - 10:00 - 12:00

Workshop description (200 words max.): Take a stroll through the trees at Danbury and immerse yourself in the natural museum of a woodland. Become familiar with communities that make up a woodland and get to know the individuals. Explore the health benefits provided by trees and understand how they were experienced and known by our ancestors. Learn to recognise and identify different trees and explore them as living ecosystems. Learn how they have been used in the past and how they may be used in Forest School.

Panel Discussions

CELEBRATING NEURODIVERSITY IN THE WOODS

A panel discussion

With Micheal James, Geoff Mason, Fergus Murray, Stefania Donzelli, Andy Smith

Sun 02 Oct 2022 - 10:00 - 12:00

The Forest School community has always been neurodiverse at every level. Our panel discussion will consider Forest School practice from neurodivergent perspectives. Panellists confirmed so far include Stefania Donzelli, Fergus Murray and Andy Smith. This is an exciting opportunity to share our panel's deep knowledge and insight into how Forest School can create more accepting environments for neurodivergent people and how to move forward and celebrate our neurodiversity.

Risk and outdoor learning

A panel discussion

With Tim Gill

Sat 01 Oct 2022 - 10:30 - 12:30

How do we have effective conversations about risk and change the story about adventurous, challenging play? Join our panellists' discussion around advocating for risk in today's society, celebrating the value of physical challenge in learning and development to inform site design. Together we will think about communicating trust and building competence through risky play whilst promoting nature connection; how taking risks in a safe enough environment helps develop emotional agility; the holistic nature of risk and how it catalyzes growth in individuals and as a culture. We will also explore the need for risk in a Post-COVID world where many children and adults are more scared about their environments than ever before. We will talk about the toll this is taking on mental health and well-being and how quality Forest School offers a powerful antidote to fear. With Tim Gill, author, researcher, academic and advocate for Urban Play Spaces and Sarah Lawfull Chair of the FSA, FSA Endorsed Trainer, Forest School leader, Ex-mainstream teacher and Nature Premium Campaign advocate.





Hi from Lewis & Wem, we're the hosts of The Forest School Podcast and we'll be at this year's conference recording interviews as well as capturing the atmosphere for those who can't make it in person.

As well as recording conferences, The Forest School Podcast is a mix of expert guests, interesting FS practice from the UK and abroad, summarising research and books and wildly meandering inputs from our own experiences, on all things connected to Forest School.

We'll be pottering around Danbury with our microphones and chatting with anyone who fancies it so come and say 'Hi' if you see us.



one of the reasons we love coming to Danbury for conferences. The catering team has worked deserve special mention for keeping us all fed. Terry Halls, our grammar ninja, local group rep, sign painter, workshop coordinator, and font of knowledge has been a fantastic support throughout the project.

Carol Middleton has coordinated the local volunteer team, many of whom are from FSA Essex and has been on hand throughout the process, working on logistics to ensure we have everything from bunting to zip ties and that everyone has a great time.

We need to thank our Band – Medicine and Tara Crank for the gift of music and dance, and the Best Bar-None and their staff who will keep us lubricated on Friday and Saturday night.

The Conference is a huge undertaking. We could not do this if it wasn't for the generosity and support of our wonderful sponsors. Their contributions help not only manage our risk but allow us to hold the largest Forest School event in the World.



Gratitude and Thanks

There are many things for us to be grateful for. Our celebration would not be complete without thanking everyone involved. Echoing the thoughts of Sarah Lawfull and Gareth Davies at the start of this booklet the Conference would not have been possible without a huge amount of hard work behind the scenes.

We would therefore like to thank our conference team, our speakers, our workshop providers, Tim Gill our Patron, our activity providers Liz Edwards, Dave Watson, Tara Crank, Lewis for the yoga, Coddwompers, our sponsors. We would also like to thank Michael James for enabling us to hear the voices of neurodiverse learners and for giving us the chance to talk about how we can celebrate the voices of everyone involved with Forest School.

We would, of course, like to thank Danbury Staff, led by Paul Stokes the team have been amazingly supportive throughout the whole process and this is

And finally the event would not be same without you, our delegates. Thank you all for making our 10th Anniversary Celebration such a memorable and heart-warming experience. May the next ten years bring us all adventure, fun and Forest School!



Nic
FSA Projects Officer

Party Games

Below are ten party games for you to explore while you enjoy the conference. These games have been lovingly curated by Louise the party elf. We hope you have fun and enjoy taking part.

Celebrate 10 years of the FSA with 10 party games this weekend!

1 Celebrate sticks - how many things can you do with a stick in 60 seconds?

2 Grab some friends & play 'lose a limb' - find the rules at the FSA tent in the market place.

3 Play 'FSA Folk' bingo - please see overleaf.

4 Make a natural party hat to wear on Saturday night.

5 Join in with the jigsaw in the FSA tent (in the market place)

6 Make a gift and give it to a new friend.

7 Create a cunning kenning* to celebrate your favourite creatures. Use the book corner in the FSA tent to help you (in the market place).

8 Celebrate Forest School from A to Z - please see overleaf

9 Bust some moves and strike a pose on the dance floor Saturday night.

10 Take a photo that captures the essence of the conference for you.



Share your photos on our Conference WhatsApp group -

<https://chat.whatsapp.com/lmcH5sGmEbiwikidLkuW>

3

'FSA-Folke'-Bingo

Can you find everyone on the bingo sheet?
What is their role at the FSA?

Say hello and snap a selfie - post on the
conference WhatsApp group.



Matt Harder



Lewis Ames



Neil Seal



Nic Harding

Find someone
who helps run
one of the
local groups?
Perhaps there's
one near you?



Lou (& Lilly-Roe)



Geoff Mason



Sarah Lawfull

7

*Kennings are phrases of two words used to describe a noun in
a riddle like way. They are traditionally used in old English.
Putting a few of them together can make a poem. For example:

- Wise eyes - Night-watcher
- Silent-flare - Silent-flare
- Mouse-hunter - Mouse-hunter

8

A-to-Z of Forest School

Can you create an alphabet to celebrate Forest
School? - the wilder the better!

Share a picture of your finished alphabet in the WhatsApp group.

Aa		
Ba		
Ca		
Da		
Ea		
Fa		
Ga		
Ha		
Ia		
Ja		
Ka		
La		
Ma		
Na		
Oa		
Pa		
Qa		
Ra		
Sa		
Ta		
Ua		
Va		
Wa		
Xa		
Ya		
Za		



Forest School and Outdoor Learning in the Early Years

2nd Edition

Sara Knight



Risk and Adventure in Early Years Outdoor Play

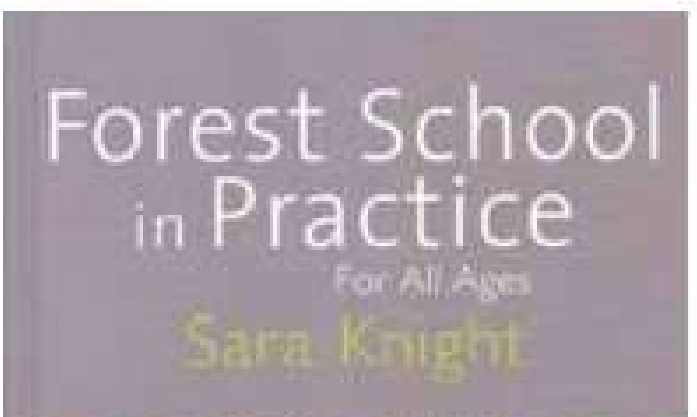
Learning from Forest Schools

Sara Knight



Forest School for All

Edited by Sara Knight



Forest School in Practice

For All Ages

Sara Knight

