

# Workshops

## MAKING VIDEOS TO CELEBRATE FOREST SCHOOL

### Make and Edit Videos about your Forest School

With Lee Cook

Sat 01 Oct 2022 - 10:30 - 12:30

Sat 01 Oct 2022 - 14:30 - 16:30

Sun 02 Oct 2022 - 10:00 - 12:00

Making Videos to Celebrate Forest School is about... \* Making videos for yourself and/or share with others. \* Using the iMovie App on Apple devices to make the videos. \* Using the VoiceMemos App on Apple devices to make recordings. \* Editing videos such as - Cropping videos - Merging videos - Adding images and/or logos - Adding commentary and/or music - Speeding up/Slowing down - Pausing - Adding subtitles \* Publishing Videos on Facebook/Instagram \* Using videos for training purposes

## GREENWOOD STOOL WORKSHOP

### Refresh your tool skills and craft a stool

With Mark Clarke

Sat 01 Oct 2022 - 10:30 - 12:30

Sat 01 Oct 2022 - 14:30 - 16:30

Sun 02 Oct 2022 - 10:00 - 12:00

We will make a three-leg stool during the session using coppiced hazel for legs and sustainably sourced and native sweet chestnut refreshing and learning new skills, knowledge and understanding along the way. Soft and hard skills are investigated as part of the workshop as well as identifying equipment and methods of working to allow your clients at your location to safely engage with this type of activity. **A £10 fee is payable at the workshop if you take your stool away with you. This helps towards materials costs.**

## TRAIL JOURNAL SERIES

When bored, write.

Sat 01 Oct 2022 - 10:30 - 12:30

Sat 01 Oct 2022 - 14:30 - 16:30

Sun 02 Oct 2022 - 10:00 - 12:00

I will be holding Nature Journal workshops during the FSA annual conference this year, which will include foraging for and making our own nature paints. I believe in journaling as a holistic form of communication. My work is inspired by Richard Louv's 'Last Child in the Woods' and my own transatlantic academic career. I will have examples with me of each of my journals, however, if you would like one please purchase prior to the event, as I won't be selling them there.  
<https://www.blurb.co.uk/user/dannibear02> Diolch!

## THE IMPORTANCE OF CEREMONY & CELEBRATION

### how to engage 'hard to reach' children

Sat 01 Oct 2022 - 10:30 - 12:30

Sat 01 Oct 2022 - 14:30 - 16:30

We have all witnessed children ( and teachers) in our forest school settings who struggle to engage with an environment of true child lead learning, be that due to learning differences, their past experiences or simply down to the rigid structure of their mainstream setting. In this hands-on workshop we share how we have used ceremony, celebrations and metaphors from nature to guide those busy minds into a place where they are ground and can fully emerge into the setting, and just as importantly cope with the session or block of sessions coming to an end.

## **USING KNIVES WITH GROUPS**

.... beyond the pointless pointy stick

**With Mell Grenfell from Wildly Curious**

**Sat 01 Oct 2022 - 10:30 - 12:30**

**Sat 01 Oct 2022 - 14:30 - 16:30**

**Sun 02 Oct 2022 - 10:00 - 12:00**

This workshop is suitable for those wishing to improve their confidence and competence in providing safe activities with knives. ~ To consider the safety aspects and practicalities for managing knife use with groups of young people ~ To equip participants with some knife skills of their own and offer the opportunity to practice ~ Explore woodcraft and whittling activities and projects ~ Explore factors relating to equipment and resources Workshop participants will also be given a copy of the Wildly Curious "Knife Safety With Groups" booklet

## **LADDERS AND TREE PLATFORMS**

**Create simple tree houses in your wood**

**With Emma Keeble and Joanne Atkins**

**Sat 01 Oct 2022 - 10:30 - 12:30**

Learn how to make a simple non-permanent platform in the trees; great for the base of a tree house, or it could be used as a lookout post, use it to get on to a zip wire, or even as a pirate ship! Learn how to risk assess the trees, what wood to use and how to fix the platform in the trees. Make a fixed wooden ladder & a rope ladder to get up to your platform. You will be using square lashing to create the beams and the platform, and use a marlin spike hitch to create a really quick easy rope ladder to climb up to your platform. You will also learn how to make a solid ladder.

## **FORAGING AT FOREST SCHOOL: WALK & TASTER**

**Join us on an edible ethnobotanical journey!**

**Sat 01 Oct 2022 - 10:30 - 12:30**

**Sat 01 Oct 2022 - 14:30 - 16:30**

Let's go on a journey to discover the weird and wonderful flavours, virtues and characters of the plants and fungi that live all around us. If you would like to learn more about foraging- for edibles or crafts- and get some tips and tricks from a professional forager & forest school trainer on how to introduce this activity into your sessions, join us on this walk.

We will discuss safe and sustainable harvesting, botany and mycology basics, ancient and modern uses, gather and taste some samples, and celebrate the wider importance of plants and fungi in today's world. On our foraging walk we may meet up to 15 different species, poisonous or edible, so bring a notebook or camera to help jog your memory when back home.

We will end the walk with a summary activity and a wild flavour taster.

## **KINSHIP WITH THE MORE-THAN-HUMAN**

**Exploring beyond nature connection.**

**With Paul Moseley**

**Sat 01 Oct 2022 - 10:30 - 12:30**

The forest school practitioner is uniquely placed, through the communities that we hold a space for, to create meaningful relationships with the natural world. In understanding how to contact, connection, culture and kinship emerge out of forest school practice, we are better able to create an inspiring alliance between humans and non-humans. This workshop will explore assumptions about nature, the role of kinship and imagining new perspectives on how we relate to the more-than-human world.

## **SENSORY CIRCUITS IN NATURE**

### **How to use sensory circuits at Forest School**

**With Emily Whiteley**

**Sat 01 Oct 2022 - 10:30 - 12:30**

**Sat 01 Oct 2022 - 14:30 - 16:30**

**Sun 02 Oct 2022 - 10:00 - 12:00**

Sensory circuits is a motor processing programme traditionally used indoors as an activity to support young people with sensory processing difficulties. It incorporates three types of activity that are alerting, organising and calming. The aim is to help the participant to regulate and organise their senses to achieve the 'just right' or optimum level of alertness required for effective learning. We will explore what sensory integration means and how the motor skills programme "sensory circuits" works to support emotional regulation. You will take part in some simple circuits before having the opportunity to create your own and share ideas to use in a Forest School setting.

## **INTRODUCTION TO MOVNAT FOR FOREST SCHOOL**

### **Real-world fitness through nature connections**

**Sat 01 Oct 2022 - 10:30 - 12:30**

**Sat 01 Oct 2022 - 14:30 - 16:30**

This workshop aims to provide a practical, experiential introduction to the MovNat philosophy and practice and how it fits within the principles of Forest School. MovNat® (Natural Movement® Fitness) is a method of teaching real-world fitness in fun and practical ways that ultimately connects us with our true nature and the world around us. At MovNat® we believe in providing students with a well-rounded, unspecialized physical education system to complement their holistic development. Our system invites students to explore and expand upon their innate bodily-kinesthetic intelligence by providing educators with structures, strategies, and tools to implement MovNat® into any existing curriculum or program. Our program will also guide teachers - across all disciplines - to infuse Natural Movement opportunities into their Forest School set-up to optimize the learning experience. By strategically utilizing Natural Movement techniques, teachers can better honour the whole child by supporting the physical, intellectual, and social-emotional development of their students.

## **FS & RISKY PLAY IN THE EARLY YEARS**

### **Let's take risks and play!**

**Sat 01 Oct 2022 - 10:30 - 12:30**

Play is intrinsically important to optimal childhood development. Play is so important it is recognised by the United Nations High Commission for Human Rights (UNCRC Article 31) as an absolute right for every child. Taking risks in a safe environment helps the learner to develop self-confidence, resilience, and the ability to risk assess and manage risk for themselves. Movements often associated with risky play such as swinging, climbing, rolling, and hanging, are not only fun but essential for building motor skills, balance, coordination and body awareness. Forest School provides many opportunities for fabulous risky play, I run Forest School with 3- and 4-year-olds throughout the year, and they never cease to amaze me with what they are capable of when allowed to manage their own risk. But, what are the 6 types of Risky Play? How do you best utilise what you have around you to ensure you can offer the best opportunities for adventures? What knots are easy to undo after a dozen children have been swinging from the rope for a full day? Can you actually do a full 360 in a hammock? Come and share ideas, if it's cool, let's work out a way to do it!

## **Forest Bathing Workshop**

**With Charlotte Atkinson**

**Sat 01 Oct 2022 - 10:30 - 12:30**

Forest Bathing, also known as 'Shinrin-yoku', is a great way of improving your well-being by slowing down, relaxing and connecting with nature. This form of nature therapy was developed in Japan as a result of research that showed that two hours of mindful exploration in a forest setting could reduce blood pressure, lower cortisol levels (the stress hormone) and improve memory and concentration. In this two-hour guided Forest Bathing workshop we will follow the optimal flow sequence which

will include connecting with the woodland environment through your senses and walking slowly and mindfully. You will be offered invitations to experience the woodland in different ways; sometimes alone and sometimes with others. We will finish with a tea ceremony. The focus will be on slowing down, taking notice, and enjoying calm and relaxation.

## **PLAYING WITH YOUR FOOD**

### **Campfire cooking without marshmallows**

**With Matt Harder**

**Sat 01 Oct 2022 - 10:30 - 12:30**

**Sat 01 Oct 2022 - 14:30 - 16:30**

**Sun 02 Oct 2022 - 10:00 - 12:00**

This workshop aims to show you how you can encourage food play and experimentation with your learners, using a range of campfire cooking techniques and equipment. There'll be skill progression in cooking tool use. We'll look at easy adaptations of basic recipes for allergen-friendly alternatives, as well as take some store-cupboard staples on a flame-grilled journey to Taste Town. Basic ingredients + imagination = anything you can think of with a side serving of learning! Dietary needs and allergen friendly.

## **SAFE USE OF DANGEROUS TOYS IN SESSIONS**

### **Atlatl, darts and boomerangs in FS**

**With Feral Science**

**Sat 01 Oct 2022 - 10:30 - 12:30**

**Sun 02 Oct 2022 - 10:00 - 12:00**

There is an understandable reticence over the inclusion of projectiles such as spears, darts and arrows, boomerangs and catapults in Forest School sessions. This workshop will guide practitioners towards an approach that is both safe and manageable as well as being suitable for working with groups of young people. The session will include the use of Atlatl and Darts and both returning and hunting boomerangs. Practitioners will be guided towards the identification of risk and its management with regard to the 'range' and assisted in the creation of appropriate risk assessments.

## **SUSSEX WILD COOKS**

### **An FSA workshop at Danbury**

**With Team Sussex (FSA)**

**Sat 01 Oct 2022 - 10:30 - 12:30**

**Sat 01 Oct 2022 - 14:30 - 16:30**

**Sun 02 Oct 2022 - 10:00 - 12:00**

Come and practice your outdoor cooking skills! The workshop will be packed with ideas, inspiration and practical ideas to take back to your own groups. Learn to warm the hearts and tummies of your forest families and use food as an important part of your sessions. Mary and Barb will be presenting recipes from Mary's recently produced Forest School Feast Folder, from which you will have the opportunity to create at least 3 recipes on the day. All ingredients and equipment are provided. Aims of the workshop: 1. To learn about fire management for cooking 2. To gain a wider repertoire of campfire recipes 3. To feel more confident using cooking as part of your Forest School sessions. If you wish to purchase a copy of the Forest School Feast Folder on the day, please bring along £5.00.

## **AN INTRODUCTION TO CHOICE THEORY**

### **How Choice Theory is relevant to FS leaders**

**With Froo Signore**

**Sat 01 Oct 2022 - 10:30 - 12:30**

This workshop will introduce some of the basic concepts of Glasser's Choice Theory (Quality World and Total Behaviour amongst them). We will consider how and why they are relevant and helpful to us as Forest School leaders. We will also touch open Reality Therapy - the therapy that grew out of Choice Theory - by looking at some of the simple questioning techniques it employs. The workshop will be a mixture of interactive exercises, input from me and discussion in small groups and large.

### **WHAT IF MONEY GROWS ON TREES...**

#### **Grants and funding to support your practice**

**With Natalie Ganpatsingh and Kathryn Clark**

**Sat 01 Oct 2022 - 10:30 - 12:30**

In this workshop we'll explore how to build your Forest School vision and make it happen, overcoming the barrier so many of us face – that of money. There is so much available funding out there – sometimes it's just about how we 'package' what we offer. Thanks to successful funding bids over the last 10 years, Natalie and her team at Nature Nurture have facilitated FREE Forest School programmes, community events in parks & woodlands and Green Social Prescribing to support mental health. This has enabled her to focus on reaching communities most disconnected with the natural world and thus tackle health inequalities. Natalie will share a range of funding opportunities with top tips on how to write a winning application. We'll look at what 'status' could work for you, from operating as an individual to setting up a charity. If you're an individual or part of a larger organisation, looking for funding, this workshop is for you.

### **SHORT BREAKS IN THE WOODS**

#### **Forest school and Disabled Children**

**With Caroline Campbell**

**Sat 01 Oct 2022 - 14:30 - 16:30**

**Sun 02 Oct 2022 - 10:00 - 12:00**

Short Breaks offers a form of 'respite' for families and young people who may exhibit challenging or restrictive behaviours or may have physical needs that may require extra support. We provide this service using the Forest School ethos and many of your clients attend frequently and regularly throughout the year. Often they enjoy the experience so much they stay with you for many years. The sessions offered are always well attended and form the basis of a very successful and rewarding business. This workshop shares the knowledge, opportunities and experience of our many years of delivery for those who may wish to expand their FS provision into this lucrative area. We will sit around the fire, with a set up similar to what we do in the woods. Here we can show you what we do and what it looks like. Experience the hammocks, and the environment and how they can promote inclusion and relaxation. We will tell you our story, how we began and how we have sustained our business and our plans for moving forward. We have some photos and can talk in detail about how we have included the children over the years and as they have got older the young adults they have become. Enabling them to become volunteer rangers. Describing how we actively encourage disabled adults to engage with our forest school, in order to create positive role models. We will describe how we have funded this, and of course you can ask us questions.

### **MAKING AND USING A LABYRINTH**

#### **Construct a labyrinth and learn its many uses**

**With Richard Andrews**

**Sat 01 Oct 2022 - 14:30 - 16:30**

**Sun 02 Oct 2022 - 10:00 - 12:00**

Richard will introduce the history, mythology and symbolism of labyrinths, featuring the story of Theseus and the Minotaur, explain the theory of the labyrinth-making process (with birds-eye video and digital animation), guide the group through the construction of a labyrinth using the 'labyrinth kit' and 'freehand' techniques, explore the use of different natural materials for labyrinth-making and discuss the risks and benefits of making and using a labyrinth in relation to Forest School principles and the National Curriculum.

### **CIRCLE MAGIC!**

## **The art of circling at Forest School**

**With Mell Harrison**

**Sat 01 Oct 2022 - 14:30 - 16:30**

Ever sat in your opening or closing circle close to pulling your hair out? Does your circle not look or sound like you imagined in your dreams? Sometimes do you look around and sigh at the beauty of the chaos, remembering the history and journeying of your talking stick? Me too. This workshop will explore 'circle'. Like marmite they are loved and hated... so lets look at the reasons we do it and the way to get the most from them. Circle is an important element in building a forest school community . This session will look into child led circling- tips, ideas, games and moment creators.....we may even sneak in a little bit on the importance of circles in sociocracy.

## **WILD & WONDERFUL!**

### **Celebrating Nature at Forest School**

**With Dawn Preston and Dawn O'Malley**

**Sat 01 Oct 2022 - 14:30 - 16:30**

Join Hampshire & Isle Of Wight Wildlife Trust Education & Training Officers for a session filled with hands-on ways to celebrate the wonderful wildlife in and around our Forest School spaces, providing opportunities for seasonal nature connection. As a Trust, we have been utilising the findings from the University of Derby's nature connection research and results to frame our hands-on delivery of outdoor education and Forest School, as well as inform our wider engagement work through the Team Wilder initiative.

## **CRAFTING AS CULTURE**

### **Natural materials as foundations for culture.**

**With Paul Moseley**

Forest school communities are in contact with the natural world and in so being have a unique opportunity to nurture a deeper relationship through its materials. Through child-led exploration and discovery it is possible to support a rich assemblage of moments through crafting. In working with natural materials we are influenced by their qualities, entering into interesting new assemblages. This workshop will explore how craft, enskillment and materials combine to create immersive and responsive relationships with the natural world.

## **PRACTICAL FIRST AID SCENARIOS**

### **Done in a Forest School context**

**Sat 01 Oct 2022 - 14:30 - 16:30**

An opportunity to revitalise fading first aid skills and confidence by having a go at some practical first aid scenarios set in a Forest School context. A workshop for previously first aid trained FS practitioners to have a go at some hands-on, get down on the floor, draped over a log or hanging out of a tree, first aid action. It will be perfectly okay to "kill" your casualty during the session – it's a good learning experience whilst training. Prior first aid knowledge will be essential, we're not starting at the basics. There will be no PowerPoint involved. You will need to be dressed suitably for kneeling and lying on the floor outside in whatever weather we are lucky enough to receive. Please note, the session will not give you a first aid qualification.

## **BEYOND JUDGEMENT**

### **Celebrating Intrinsic processes**

**With Emma Davey and Louise Ambrose**

**Sat 01 Oct 2022 - 14:30 - 16:30**

**Sun 02 Oct 2022 - 10:00 - 12:00**

'Process not product' is one of the mantras of Forest School. Yet we exist within a rewards-based materialistic society and an education system that judges children's 'attainment' through a narrow focus of externally produced evidence. So how do we at Forest School move beyond this manipulative sanctions and rewards-based culture and instead celebrate individual's holistic development unconditionally? Together we will explore how co-creating a non-judgemental community, forming unconditional relationships and empowering people to be their authentic selves could be considered a revolutionary act. We will unravel some of the challenges that face us when we begin to question the status quo and explore how the connection with nature can support and guide us. The session will weave in practical approaches and alternative strategies for working in a non-judgemental way at Forest School (and the rest of life!). As Rumi says in one of his poems – "Out beyond ideas of wrongdoing and right-doing there is a field I'll meet you there."

## **BEING A PLACE-CONSCIOUS PRACTITIONER**

**and why does it matter?**

**With Jenny Archard**

**Sat 01 Oct 2022 - 14:30 - 16:30**

**Sun 02 Oct 2022 - 10:00 - 12:00**

What does it mean to be aware of the place you are working with/in? What impact does that have on you? And those who come to your sessions? Why does it matter? Is nature a backdrop or does it have more meaning than that? What is the story of your place (s)? I'm lucky to have been working in the same woodland for more than ten years and began to notice how our relationships with the land/place/flora/fauna were impacting on us and those we work with. At Neroche Woodlanders we now talk about creating reciprocity with the place; we see the place through the eyes of a relationship. I'm now researching this practitioner's relationship with place through a Master of Research. This workshop will explore your relationship with the places you practice- how you make those relationships, the language you use and the stories that emerge. We will consider how you may want to help those you work with to see, feel or be with places differently. Research is showing that we want to be/feel deeply connected to places, not just have a nature-connection experience. We will 'do' group discussion, some practical exercises and consider existing research in place-based pedagogies. You may come away with a different view of your relationships!

## **WORKING WITH HOME EDUCATORS**

**Who they are & how to meet their needs**

**With Luschka Van Onlensen**

**Sat 01 Oct 2022 - 14:30 - 16:30**

This workshop will aim to answer two specific questions: explaining home education in the UK and how to work with home educators. We'll look at how people may find themselves home educating, the different 'schools' - for lack of a better word - of HE, from unschooling (and its two meanings), to school-at-home, through to alternate provision and all the groups in between. From there we'll discuss the potential needs of each different group, and suggestions on the best way to work with them, ending with a Q&A session.

## **KNOWLEDGE RICH OR LEARNING RICH?**

**Integrating play with the national curriculum**

**With Elizabeth Swift**

**Sun 02 Oct 2022 - 10:00 - 12:00**

"Learning can only happen when a child is interested. If he's not interested, it's like throwing marshmallows at his head and calling it eating." Katrina Gutleben Where does Forest School sit within a knowledge focussed curriculum? How do we reconcile play and learning of facts? What can/should/could a Forest School leader do to support children's learning now? This workshop reminds us of the chaotic complexity that is learning through play; looks at how play makes you better at learning and even finds ways to integrate knowledge base into Forest School.

## **MAKING AND TESTING NATURAL CORDAGE**

**How strong is your handmade string?**

**With Rupert Loch from Feral Science**

**Sat 1<sup>st</sup> October - 14.30 – 16.30pm**

It is an instinctive reaction for anybody holding a piece of cordage to give it a tug to see how strong it is. In this session Rupert will lead delegates through the skills required to create natural cordage using the two ply twist technique. The session will introduce a range of types of natural materials and discuss or demonstrate the processing of some kinds. In the latter part of the workshop delegates will have the opportunity to stress test their cordage samples. A range of tests will be introduced as well as some of the ways that risk can be mitigated when the cordage fails.

## **WALKING-WITH: PLACE-RESPONSIVE PRACTICE**

**Multispecies relationships within spaces.**

**With Paul Moseley**

**Sun 02 Oct 2022 - 10:00 - 12:00**

Exploring how we interact with 'space' ultimately informs the basis for how we nurture and experience our sense of place. The way in which we walk, touch, look, listen, smell and taste the world around us matters. Our bodies are the roots through which we feed our experience of the world. Through how we embody a place we can pass through it seemingly disconnected, or come to recognise the distinct experiences of our fellow beings, and our collective "personhood". This workshop will explore how movement, awareness and tracking skills combine to create new sensations of place and kinship with the natural world.

## **KNOW YOUR TREES**

**A guided walk to enhance your Tree ID skills**

**With James Kendall**

**Sat 01 Oct 2022 - 10:30 - 12:30**

Could your tree ID be better? Join James, from Woodland Classroom, for a guided walk as we look closer at native and introduced tree species. You will look at the whole tree to pick out defining features and share ideas on how we can interpret what we're seeing to the groups we work with. Learn to see the trees from the wood ;-). Autumn is a season of massive change across our countryside. As the wind blows, the familiar leaves we know from summer are rapidly disappearing, but if we look closer we can understand the clues trees give us to unlock their identity and so much more. It's a really interesting time to be out in the woods. On this one-day course, we'll show you how to identify trees in autumn by looking at turning leaves, nuts, seeds and fruit and other clues. We'll also look at the different uses that trees have, their place in the ecosystem and dive into a bit of woodland folklore. You will also take away your very own Autumn Tree ID guide which you can use for your own practise. Join James, who will be your tutor for the day. He has worked for many years in and around trees from managing the largest Community Woodland in Wales (300 acres, no less) to introducing children to the wonder of woods with his Forest School work. James has also introduced thousands of students to the subject of tree identification through his popular online programme The Complete Tree ID Course.

## **FIRELIGHTING: TRADITIONAL FLINT & STEEL**

**Build confidence with using this technique**

**With James Kendall**

**Sat 1<sup>st</sup> October - 14.30 – 16.30pm**

This traditional fire-starting technique is easy when you have the right materials and a solid technique. You will come away confident that you can make fires using real flint and steel, adding it to your skillset. We will explore using a range of natural tinders to bring an ember to flame as well as how to make your own char-cloth over a campfire. As Forest School Leaders it's important to widen our skillset in firelighting beyond the modern fire-steels which dominate the scene. By gaining confidence in more traditional firelighting methods we build our confidence in fire-based skills and also increase our understanding of how firelighting can be used to inspire young people and adults alike. Traditional flint & steel offers a whole new challenge to Forest



School participants who feel already practised at more modern methods. You will be able to try a range of traditional flint and steels to see which works best for you.

### **WILD FOOD & FORAGING WALK**

**Gain confidence foraging autumn wild edibles** With James Kendall

**Sun 02 Oct 2022 - 10:00 - 12:00**

Autumn is one of the best times to get into foraging. We never know what we will find on a wild food walk. Join James from Woodland Classroom and discover commonly-growing wild edibles you can pass on to your groups along with recipe ideas which are perfect for outdoor cooking. Edible wild plants and fungi are often viewed with suspicion and thought to be bitter or tasteless, only to be eaten as a last resort. But to the forager, our woodlands and hedgerows are full of tasty and filling wild food opportunities. You'll be taking a 2 hour ramble along the hedgerows and woodland edges on the hunt for "food for free" all set against the backdrop of the Danbury Outdoors centre.

### **TREES: FOLKLORE, BIOLOGY AND BEAUTY**

**History, use, health benefits, ID and ecology**

**With Laura Harvey**

**Sun 02 Oct 2022 - 10:00 - 12:00**

Workshop description (200 words max.): Take a stroll through the trees at Danbury and immerse yourself in the natural museum of a woodland. Become familiar with communities that make up a woodland and get to know the individuals. Explore the health benefits provided by trees and understand how they were experienced and known by our ancestors. Learn to recognise and identify different trees and explore them as living ecosystems. Learn how they have been used in the past and how they may be used in Forest School.

## **Panel Discussions**

### **CELEBRATING NEURODIVERSITY IN THE WOODS**

**A panel discussion**

**With Micheal James, Geoff Mason, Fergus Murray, Stefania Donzelli, Andy Smith**

**Sun 02 Oct 2022 - 10:00 - 12:00**

The Forest School community has always been neurodiverse at every level. Our panel discussion will consider Forest School practice from neurodivergent perspectives. Panellists confirmed so far include Stefania Donzelli, Fergus Murray and Andy Smith. This is an exciting opportunity to share our panel's deep knowledge and insight into how Forest School can create more accepting environments for neurodivergent people and how to move forward and celebrate our neurodiversity.

### **Risk and outdoor learning**

**A panel discussion**

**With Tim Gill**

**Sat 01 Oct 2022 - 10:30 - 12:30**

TBC