

Delegate Information Pack

Thank you for booking a place at the FSA National Conference 2022 and being a part of our 10-year celebration.

We are very much looking forward to meeting you all. This pack is to provide you with useful information to help you get the most out of the conference. Thanks again and we hope you have a great weekend!

The Conference Team

Before You Arrive

Information to help you plan your journey

Event Address

Essex Outdoors Danbury, Well Lane, Danbury CM3 4AB



**FSA National
Conference 2022
30th Sept - 2nd Oct**

Covid

We request that all attendees evaluate their own health and that of those they're in close contact with. We encourage all attendees that are sick or showing symptoms of illness to stay home and cancel their tickets. We also would like to make delegates aware that *feeling ill* is not always a perfect measure of your ability to pass on an infection. As 40% of COVID cases are asymptomatic (have no symptoms) we strongly recommend that attendees take a lateral flow COVID test before attending this event. There is a 50% refund if cancelling due to Covid in the week before the conference. Help protect others' livelihood and your own by being respectful of personal space and being mindful of others' preferences for social distancing and wearing of face coverings.

We will have a limited supply of lateral flow tests that will be available to delegates during the event at the Welcome Desk.

Travelling by train

The nearest station to the Essex Outdoors - Danbury Centre (the Danbury Centre) is Chelmsford Station which is approximately five miles away. The Danbury Centre has kindly offered shuttle bus pick-ups from Chelmsford Station running at 16:00 hours, 18:00 hours and 20:00 hours on Friday 30th September 2022. They have also offered some return shuttle buses on Sunday afternoon.

Campervans and staying off-site

If you have opted to stay offsite in a campervan or other accommodation, please make your own arrangements for travelling to and from Danbury Centre. If you are looking for a berth for your camper van, please try Retreat Farm <https://retreatfarm.co.uk> only three miles from Danbury Centre.

Useful Information when traveling to Essex Outdoors, Danbury Centre

You may find these numbers helpful:

Taxis

Chelmsford Taxis www.chelmsfordtaxi.com - 01245 335555

Arrow Taxis based in Maldon - 01621 855111

Sean's Taxis based in Danbury - 01245 226666

Bus routes - You can find and plan your bus routes using <http://www.essexbus.info/>

Camping and accommodation

If you are booked into a dormitory, shared room or camping pod or you have booked one of the Danbury Centre's tents you will need to bring your own bedding (sleeping bag) and a pillow, towels and other personal overnight essentials. If you are camping you will need to bring your full camping kit! However, cups, cutlery and plates are provided for all catered delegates but you may want to bring a thermal cup or water bottle so you can stay hydrated during the workshops. Catered delegates can access refreshments throughout the day in the cafeteria area.

Self-catered delegates

If you have opted for our self-catering option you will need to bring all your food and equipment with you. However, refreshments are still available in the cafeteria area. For information on cooking equipment for your food and drinks please see the *camping stoves and campfires* section below.

Camping stoves and campfires

There are no personal campfires or cooking fires allowed at the Danbury Centre. However, small gas stoves are allowed for delegates who are camping. Stoves are not allowed in the cabins or camping pods, but you are welcome to use them outdoors.

Money

There are **no cash machines** on site so please bring money with you in case you see something you would like to buy. Some stallholders will have the means to take electronic payments.

You will have the opportunity of buying the FSA's book *Growing a Forest School from the Roots Up!* at a special conference price and save on the postage and packaging.

Booking workshops

All your workshop bookings should be completed through Eequ.com before you arrive at the conference so we can plan for numbers. Please print or bring an electronic copy of your workshop schedule with you. You should have received a link to the conference workshop page with your ticket receipt or in an email via noreply@trybooking.co.uk.

Items needed for the opening and closing ceremony

Please bring something representative of the area from where you have travelled. This will be used in the opening ceremony and can be shared or reclaimed at the closing ceremony.

Items needed to become a part of forest school history

We are creating an FSA timeline and you can be part of it! If you bring a photo, drawing or note that represents your part in the FS story we can place you on the timeline. You might share your first experience of FS, when you trained, places where you have facilitated FS, when you became an FSA Recognised FS Provider etc.

Trolleys and transporting equipment on site

Think 'festival' and bring a trolley, wheelbarrow or rucksack if camping to shift your gear. There are a couple of trolleys available on site, but they are likely to be oversubscribed.

What to bring:

- Your Conference ticket – (printed or on phone)
- Your printed Car Parking ticket or pass, with your mobile number clearly written on the front
- Your workshop schedule from Eequ (printed or on your phone)
- If you are camping bring all your camping gear
- Warm clothing
- Waterproofs and wellies/walking boots
- Daypack for carrying your essentials
- Personal hand sanitizer and face mask
- Trolley for transporting your belongings around the site (optional)
- Folding chair, stool or sitting mat (optional)
- Torch + spare batteries for moving around the site in the evening
- Plastic bottle to repurpose as a lantern (fill with water and strap a head torch to it!)
- Insulated cup for tea and coffee refills
- Refillable water bottle
- Notebook and pen/pencil
- Any items you wish to barter or sell at 'The Metre Market' or swap shop
- Money for purchases e.g. bar, cake stall, craft zone or marketplace
- A newspaper to put wet boots and kit onto at the entrance to your tent or dorm
- A photo/drawing or note to go on the Forest School Timeline in the history marquee
- An item from your geographical area for the opening ceremony
- Enthusiasm and a big smile to meet and greet your tribe!

Arriving at the Conference

Emergency Contact details

The Danbury (Centre) Outdoors Office – 01245 223342

Nic Harding FSA Projects Officer (on site) – 07522 689973

Danbury Centre Office Duty Mobile – 07500 990300 (available overnight)

When can you arrive on site?

You can arrive at the Danbury Centre on Friday 30th September 2022 after **16:00 hours**. This is to avoid clashes with the local school pick-up time as we are sharing the school's car park. When you arrive on site you will be instructed on where to park. Please show both your conference ticket and your car parking ticket (with your mobile phone number on) to the gate stewards. (These tickets will have been emailed to you by the Trybooking Team from noreply@trybooking.co.uk).

Once you have parked, please come to the **Welcome Desk** to register and collect your wristbands. These wristbands will indicate if you are catered or self-catered and will allow access to cafeteria food at meal times.

Parking and vehicles

We have also secured parking from a local farmer, this car park is approx 400m from the camping field as shown on the map below. Delegate vehicles will not be allowed onto the camping and event site, except by prior arrangement for those with mobility issues. If you require access to the site with your vehicle please contact us ASAP to arrange this enquiries@forestschoollassociation.org. Please note that requests after the 20th of September may not be accepted.

Please write your mobile number on your parking ticket and display it on the dashboard of your car in case you are blocking other delegates in.

Signing in and out

It is imperative we keep an up-to-date register of who is on-site for fire regulations, so everyone needs to be booked in when they are on site. Therefore if you are staying off-site or leaving the site for any reason during the conference please do ensure that you sign out before leaving the site. The sign-in sheet will be at the Welcome Desk.

During the Event

Stallholders in the marketplace

There will be a number of stalls in the marketplace again this year so bring a bit of cash with you in case you see something nice to buy. The marketplace opens at 16:00 hours Friday and stallholders should be in the marketplace between the following hours - Saturday 1st October 10.30-14:00 and 17.30 - 19.30; Sunday 2nd October 12.00-14:00.

Filming and photography

Filming and photography will be taking place throughout the weekend.

Between 09:00 hours and 16:00 hours on Saturday 1st October, Sara Knight and filmmaker Paul Press will be out and about filming 5-minute interviews with anyone willing to talk to them, to capture what celebrating 10 years of the Forest School Association means to members and friends. If you **do not wish to be filmed** just raise your hand in a stop gesture to let us know. Please see the event [terms and conditions](#) for where these images may be used.

First Aid

In addition to first aid provision during workshops by workshop leaders, you can also access first aid kits at the main marquee, FSA Marquee, The Danbury (Centre) Outdoors Office and the Welcome Desk.

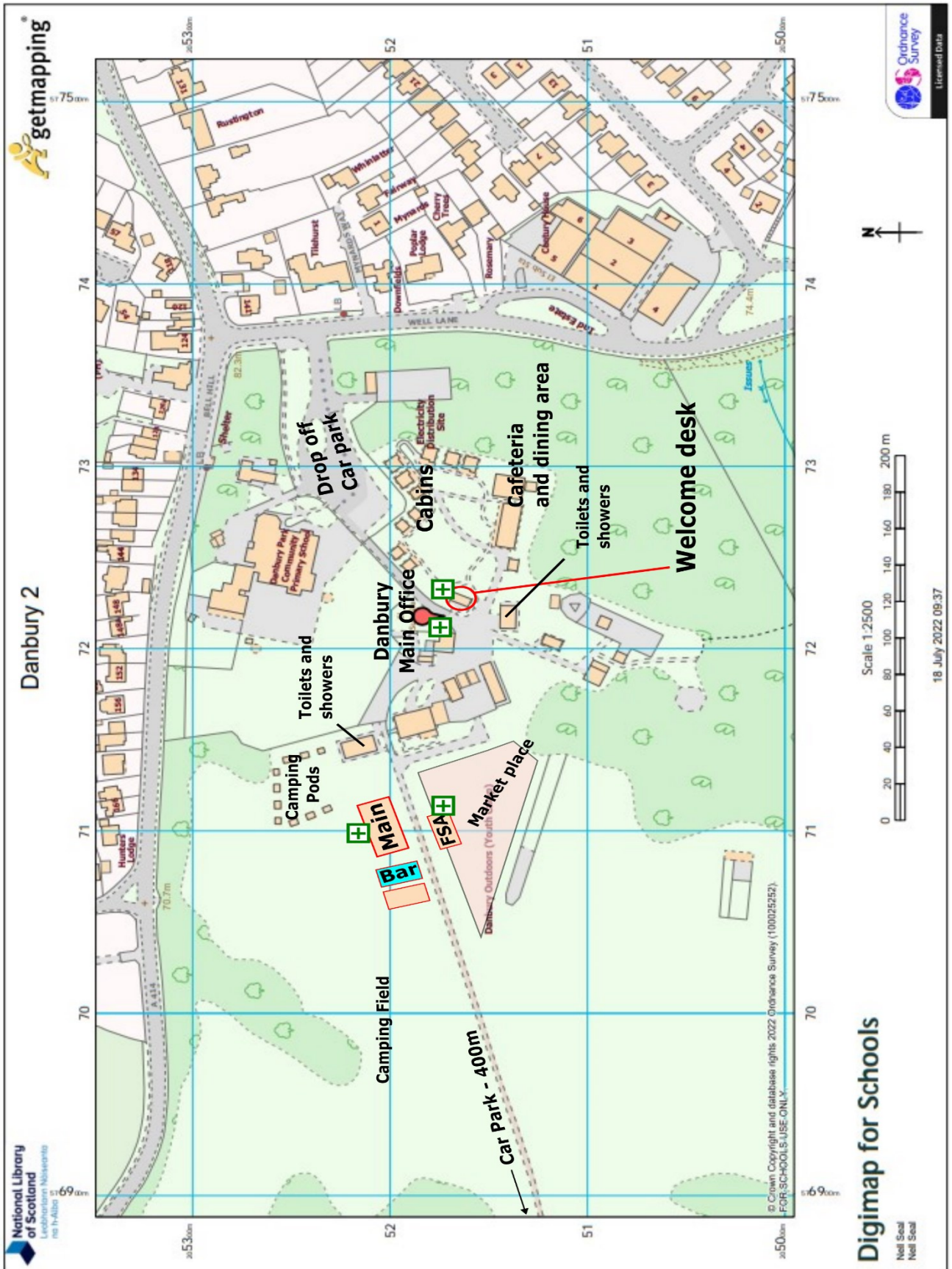
Tea and coffee

If you have opted for catering on your ticket, you can access refreshments in the cafeteria area.

Food

For those of you that have opted for catering, the menu can be found below. You should have emailed any dietary requirements to enquiries@forestschoollassociation.org during your booking. HOWEVER, IF YOU HAVE NOT NOTIFIED US ALREADY, PLEASE DO SO **IMMEDIATELY**. PLEASE NOTE THAT DIETARY REQUIREMENTS RECEIVED AFTER 16TH SEPTEMBER MAY NOT BE ABLE TO BE CATERED FOR.

Conference Site Plan






MENU

Breakfast (Saturday & Sunday) - cereals, toast, fruit, pastries, juice; sausages, scrambled eggs, beans, mushrooms, tomatoes etc.

Lunch (Saturday & Sunday) - selection of sandwiches, wraps & baguettes; choice of Cornish pasty(v) OR Mediterranean vegetable & basil tart(v) OR Sweet potato and red onion marmalade tart (v); pasta salad; salad; fruit.

Dinner (Friday & Saturday) - choice of Roast chicken breast OR vegan bacon & mushroom stuffed crust pizza (v) OR Sweet potato & chick pea curry(v) OR red Thai vegetable curry(v); new potatoes; rice; salad; fruit salad.



Workshops

Please find the at a glance schedule below, showing when the workshops take place throughout the conference. To book your workshop you will need to create a learner profile on Eequ at <https://eequ.org/> if you would like a list of workshop descriptions you can find them by selecting or visting <https://forestschoollassociation.org/forest-school-association-conference-2022-10-years-of-the-fsa/>.

Please print out your own schedules from Eequ and make sure you know which workshops you are attending.

Workshop Title	Workshop Availability		
	Slot 1 Sat 10.30 - 1230	Slot 2 Sat 14.30 - 16.30	Slot 3 Sun 10.00 - 12.00
MAKING VIDEOS TO CELEBRATE FOREST SCHOOL	✓	✓	✓
GREENWOOD STOOL WORKSHOP	✓	✓	✓
TRAIL JOURNAL SERIES	✓	✓	✓
THE IMPORTANCE OF CEREMONY & CELEBRATION	✓	✓	
USING KNIVES WITH GROUPS	✓	✓	✓
LADDERS AND TREE PLATFORMS	✓		
FORAGING AT FOREST SCHOOL: WALK & TASTER	✓	✓	
KINSHIP WITH THE MORE-THAN-HUMAN	✓		
SENSORY CIRCUITS IN NATURE	✓	✓	✓
INTRODUCTION TO MOVNAT FOR FOREST SCHOOL	✓	✓	
FS & RISKY PLAY IN THE EARLY YEARS	✓		
FOREST BATHING WORKSHOP	✓		
PLAYING WITH YOUR FOOD	✓	✓	✓
SAFE USE OF DANGEROUS TOYS IN SESSIONS	✓		✓
SUSSEX WILD COOKS	✓	✓	✓
AN INTRODUCTION TO CHOICE THEORY	✓		
WHAT IF MONEY GROWS ON TREES...	✓		
SHORT BREAKS IN THE WOODS		✓	✓
MAKING AND USING A LABYRINTH		✓	✓
CIRCLE MAGIC!		✓	
WILD & WONDERFUL!		✓	
CRAFTING AS CULTURE		✓	
PRACTICAL FIRST AID SCENARIOS		✓	
BEYOND JUDGEMENT		✓	✓
BEING A PLACE-CONSCIOUS PRACTITIONER		✓	
WORKING WITH HOME EDUCATORS		✓	
KNOWLEDGE RICH OR LEARNING RICH?			✓
MAKING AND TESTING NATURAL CORDAGE		✓	
WALKING-WITH: PLACE-RESPONSIVE PRACTICE			✓
KNOW YOUR TREES	✓		
WILD FOOD AND FORAGING			✓
FIRE LIGHTING WITH TRADITIONAL FLINT AND STEEL		✓	
TREES AND FOLKLORE			✓
PANEL DISCUSSION - RISKY PLAY WITH TIM GILL	✓		
PANEL DISCUSSION - CELEBRATING NEURODIVERSITY IN THE WOODS			✓

Workshop Locations

We will be meeting at a central location on site – The Party Tree - to meet all your workshop providers. Please ensure you arrive at the Party Tree a few minutes before each workshop is due to start so the Conference can run to time. Please print out your own schedules from Eequ and make sure you know which workshops you are attending. All the workshop locations have been given a what3words location to help you find your chosen workshops. Our team will also be on hand to help out should you need it.

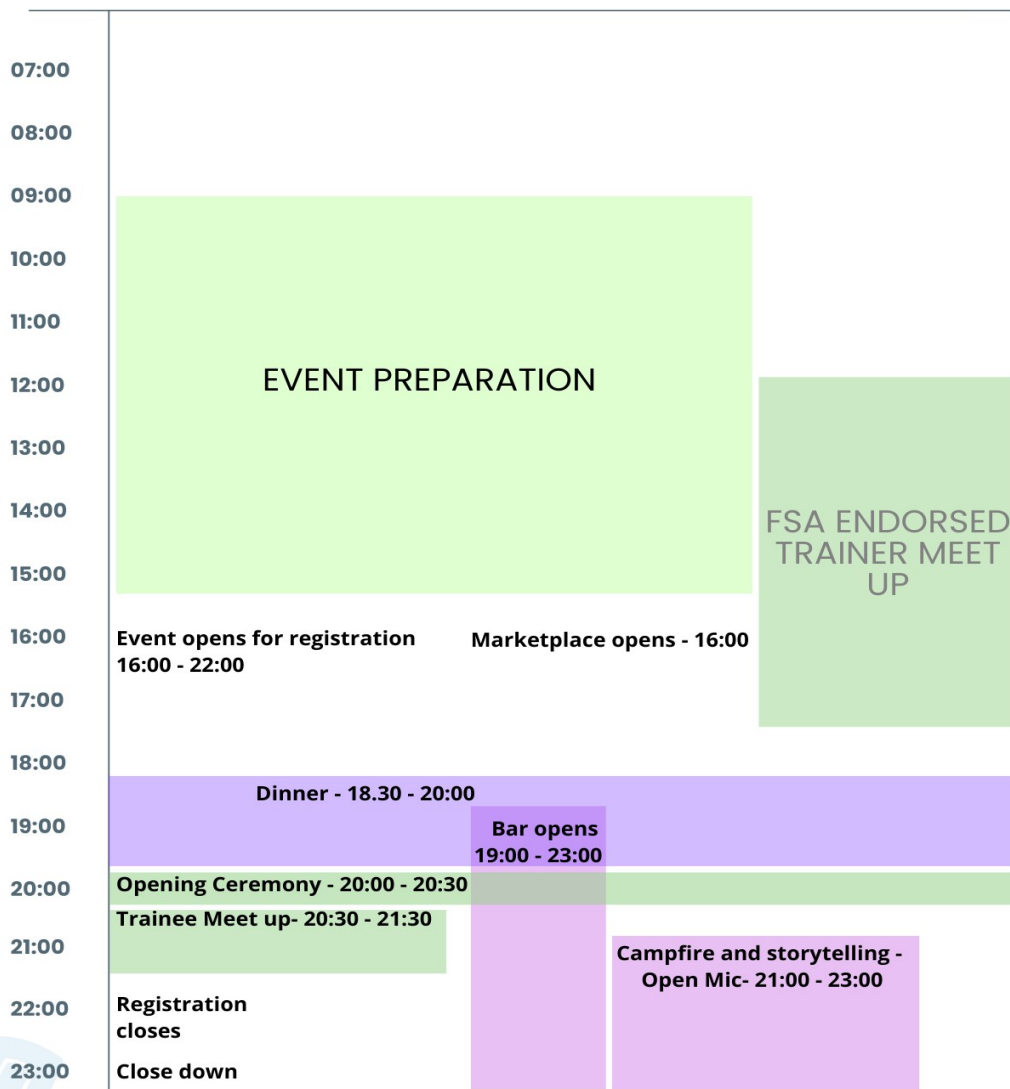
Conference Schedule

FSA Conference Schedule



DATE: FRIDAY 30TH SEPTEMBER 2022

Schedule



FSA Conference Schedule



DATE: SATURDAY 1ST OCTOBER 2022

Schedule

07:00	Breakfast 07:00 - 8:00	Early Morning wake up 07:00 - 07.45	Registration opens 07:00 - 08:30
08:00	Opening Address and Birthday Address - 08:30		
09:00	Main Speaker Lucy Jones - Author, Journalist 09:10		
10:00	Coffee Break and Birthday cake 10:10 - 10:30		
11:00	Workshop slot 1 - 10:30 - 12:30		
12:00	Lunch 12:30 - 13:45		
13:00	The Metre Market 14:00 - 14:25		
14:00	Workshop slot 2 - 14:30 - 16:30		
15:00	Recognised Provider Meetup - 17:00 - 18:00		
16:00	Dinner 18:00 - 19:30		
17:00	Quiz - 19:30 - 20:30		
18:00	Bar opens 19:00 - 23:00		
19:00	Band 'Medicine'- 20:30 - 22:30		
20:00	Campfire and storytelling - Open Mic- 21:00 - 23:00		
21:00	Close down		
22:00			
23:00			
24:00			

FSA Conference Schedule



DATE: SUNDAY 2ND OCTOBER 2022

Schedule

07:00	Breakfast 07:30- 8:30	
08:00		
09:00	Sara Knight Sunday Morning Address- 09:00 - 9:40	FSA Rec Provider workshop 09:00 - 10:00
10:00	Coffee Break and Birthday cake 09:40 - 10:00	
11:00	WORKSHOP SLOT 3 10:00- 12:00	
12:00	Closing Address - how do we advocate for what we do? 12:00 - 13:00	
13:00	Lunch 13:00 - 14:00	
14:00	Event closes 14:00	
15:00	Delegates vacate site - 15:00	
16:00		

Activities and Entertainment

Networking with local groups

There will be a chance to link in with your local groups and get to know what is happening in your area. This will be coordinated with the opening ceremony on Friday 30th September.

Make, Play and Do area

A special area is set aside to give delegates the chance to try out some new skills and equipment and have a play! Under the supervising eye and capable hands of Dave Watson from Woodland Survival Crafts and Liz Edwards from Muddy Faces.

The Best Bar None

Offering a mix of soft and alcoholic drinks the Best Bar-None are available from 19:00 on Friday and Saturday night, you can check out their price list at <https://www.thebestbar-none.com/>

The Metre Market

A new and exciting addition to this year's conference is The Metre Market. The market will take place in the History Marquee near the marketplace. This is a fast-paced market where haggling and barter are the name of the game. Bring cash or barter items to swap for any bargains you see.

Selling at The Metre Market

The Metre Market is a temporary space provided for delegates to buy and sell a few chosen items. It is designed with Forest School hoarders and crafters in mind, rather than large stalls with commercial produce.

Metre Market Rules

Sellers must be ready near the entrance to the History Marquee with their goods by 13:50 hours on Saturday 1st October 2022. Each stall is to be self-sufficient so bring a pocketful of change so you can take advantage of the trades. Don't forget to look for a bargain barter with other Metre Market stallholders.

- You can trade any item that is either 'handcrafted or made by you', 'second-hand tools or equipment' or 'natural and found items' in the Metre Market. Except for Alcohol, tobacco, illegal or restricted items.
- No trolleys or boxes are permitted in the market to keep the area clear and safe
- You must carry your items into the market in one trip.
- You must bring a cloth up to 1m in length and **no more** than 1m in width - a pillowcase is ideal for carrying items and displaying them. This cloth denotes your sales area and all goods must fit onto your cloth.
- All sales/exchanges are final and all items are sold as seen!

At 13:58 You will have exactly 2 minutes to find a space and set up your stock. The market will start at 14:00 and lasts exactly 15 minutes at which point all sales must cease. You will then have exactly 2 mins to pack up and leave the marquee.

Matt's 'Harder' Quiz

On Saturday night while you digest your tea and relax before a boogie, Matt Harder has prepared a devilishly difficult quiz. So, grab a few likely folks and pull together a team. You will need a pen and paper and some brain power. If you are conferencing alone and would like to be part of a team and make new friends, contact one of the stewards or Matt and we can help find you a place.

Dancing the night away

Medicine – the folk-rock band will be entertaining us on Saturday night so please bring your groovy dancing boots!

As well as the band (**Medicine – folk rock**) on Saturday night we also have some **open mic events** around the fire for storytelling, songs and poetry so bring along an instrument and join in.

Faith space

Conferences can be fantastic but sometimes we all need a space to 'just be' for a bit. Spirituality and faith can play an important role in what we do and who we are, and we understand the holistic value of it. This year we wanted to provide a space to relax, meditate, pray, connect and recentre ourselves. Forest School for All. What3words: **campus.rumble.lonely**

Photo competition

We will be running an FSA Conference 2022 photo competition this year with prizes including the FSA book and the chance of free tickets to next year's FSA Conference. **Please see separate details on the FSA website as they are announced.**

After the Event

Packing up and leaving the site

The conference ends at 14:00 on Sunday 2nd October. You will be expected to have left the site by 15:30 hours at the latest. Please place any rubbish in the bins provided and leave your accommodation and the Danbury Centre site clean and tidy. Thank you.

Feedback

Please give us feedback on the event so we can improve it next time. It is only through your comments and suggestions that we learn what constitutes a good conference.

Other useful local info

The nearest A&E is the other side of Chelmsford, 30 minutes away.

<https://www.mse.nhs.uk/broomfield-hospital>

Broomfield Hospital

Court Road, Broomfield, Chelmsford, Essex, CM1 7ET

Switchboard - 01245 362000

Local Danbury Doctor is Danbury Medical Centre, 52 Maldon Rd, Danbury, Chelmsford CM3 4QL Tel: 01245221777

All out-of-hours queries are dealt with by NHS 111

