



# The Children's Forest

## *Planting a Vision*

**For children to imagine, plant and tend protected forests, creating sanctuaries for future generations of children of all species.**

*Imagine our lands in the future:*

*Ancient woodlands where the trees grow to a great age, supporting countless other species, of plants, fungi, birds, insects and animals: thriving forests bursting with life. These places are safe havens, providing enchanted spaces where our children's children will play and where the young of all species can flourish. Imagine ancient forests planted and protected by us, a long time ago; a healthy, abundant living world for many generations to come.*

**Children's Forest is a movement to inspire and enable children to plant healthy forest ecosystems, that has arisen in response to the unprecedented challenges of our times. We support people and communities to start Children's Forests in their areas, and encourage those with access to land to host these projects.**

**The Children's Forest movement empowers our children to engage in meaningful action in the face of climate change, and supports them to activate the gifts of positive envisioning and future generational thinking.**

**Planting native trees is a vital response to climate change. Trees are integral to the health of our planet: they give us clean air, healthy soil, and food, they stabilise our weather systems and sequester carbon. The importance of our relationship with trees for the health of the planet is more fundamental than we can imagine.**

## The Children's Forest Process:

### 1. EXPERIENCING

Children are given experiences of meaningful connection with nature through Forest School.

### 2. IMAGINING

These children are then supported to engage their imagination and creativity as they envision a positive future through art, story, song and crafts.

### 3. PLANTING

As they plant the trees to create their Children's Forest, the children plant their wishes for a bright future for all life.

### 4. TENDING

These trees are tended and care-taken by the children over the years to come, supported by their families and communities.

## How to Get Involved:

- Do you work with children?
- Would your local school be interested?
- Do you have access to land or know others who would welcome a Children's Forest?
- Are you an Artist who would like to contribute to our Art gallery to inspire children and raise funds?
- Would you like to donate to or otherwise support the Children's Forest?

We'd love to hear from you!

Please get in touch at [childrensforestvision@gmail.com](mailto:childrensforestvision@gmail.com) or visit our website: [www.childrensforests.org](http://www.childrensforests.org)

*Children's Forest is partnered with the UK Forest School Association; a nationwide network of trained facilitators who can help to initiate and develop Children's Forest projects.*

